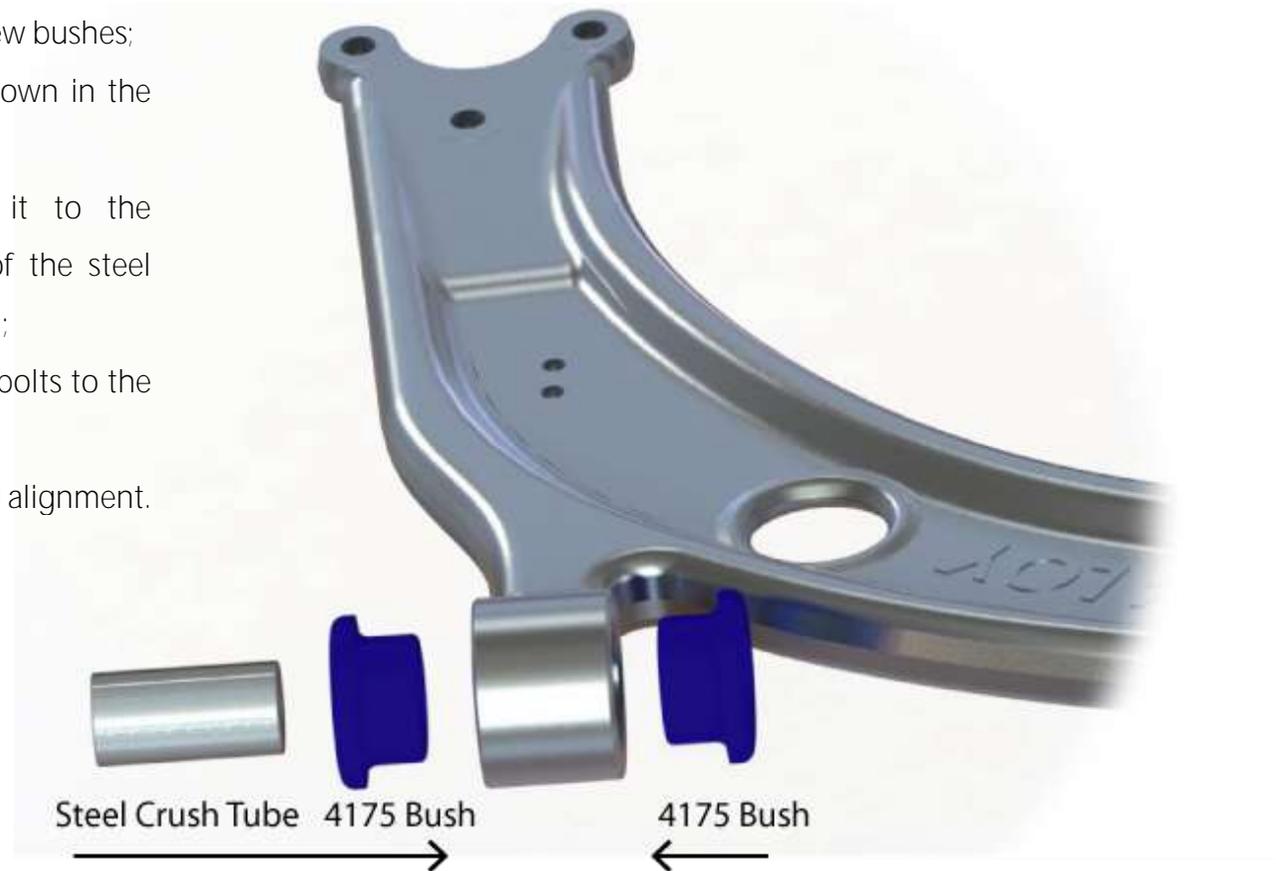


Fitting Instructions #4175IS

Volkswagen Golf Mk7

Control Arm Lower Front Bushing

- With the vehicle on jack stands/hoist, remove the control arms;
- Use a hydraulic press to remove the OE bushes and the shell part from the arms, and replace them with the new bushes;
- Install the new bushes into the arms as it is shown in the picture;
- Using the grease supplied, liberally apply it to the polyurethane bore of the bush, the outside of the steel crush tube, and then push the tube into the bush;
- Refit the control arms to the vehicle, tighten all bolts to the manufacturers torque specifications;
- Re-assembly the rest of the car. Carry out a wheel alignment.



Note: Polyurethane bushings must be fitted to both sides of the vehicle. This kit should be installed by a Qualified Motor Mechanic.