

Fitting Instructions #5687IS

Ford F-150 2014-On

Front Upper Control Arm (FUCA) Bush Kit

Note, this instruction sheet should be used in conjunction with a workshop manual and proper safety procedures followed.

- Place the vehicle securely on a hoist or jack stands
- Remove the upper control arm
- Note the distance the steel flange of the bush protrudes from the arm. There should be a 5mm gap between the underside of the flange and the outer face of the arm as shown.



- Remove OE rubber bushes from the arm either using a press and press tools or by cutting the steel shell out (if cutting be careful not to damage the arm and clean up any damage that is done to the bore of the arm with sandpaper)
- Press in new bushes in the direction shown using a press, ensuring that they are pressed in leaving a 5mm gap between the underside of the flange and the outer face of the arm as shown.

Direction of bush install



Direction of bush install



5mm gap between the underside of the flange and the outer face of the arm

- Grease the bore of the bush and the exterior of the crush tube before inserting the crush tube into the bush
- Push the crush tube into the bush either by hand or with a press and wipe off excess grease
- The control arm can now be re-installed
- Wheel alignment after install is recommended