Z5370

Instruction Sheet ADJUSTABLE REAR SWAYBAR LINKS

N.B: This instruction sheet should be used in conjunction with the workshop manual

Application

SUBARU: Impreza 9/07-on Forester 9/08-on Liberty 9/09-on BRZ 2012-on TOYOTA: Scion FR-S 2012-on GT-86 2012-on

Kit Contents

- 1. 2x M10 x 75mm bolts.
- 2. 2x M10 Nyloc nuts.
- 3. 8x small washers.
- 4. 4x gold spacers
- 5. 2x complete Adj. links.

INSTRUCTIONS

- 1. Raise the vehicle evenly and safely support.
- 2. Un-bolt the original links.
- 3. If your vehicle is fitted with an adjustable swaybar, confirm which hole you will be mounting to prior to install please see images on the right.
- 4. Arrange the gold spacers in the control arm respective to your preferred swaybar setting.
- Note: the 8 washers supplied 1 washer is to be placed either side of the swaybar blade. Place the remaining washers over the lower mounting bolt.
- 6. Tighten mounting bolts (recommended torque spec 38N-m (28ft-lb).
- 7. Fine tune the centre turn buckle to remove any unwanted pre-load. Tighten the upper and lower lock nuts.
- 8. Re-check all hardware after initial 100kms.



 Place spacers either side of link for OE swaybar or 'middle setting' on adjustable swaybar.



• Place spacers towards front side of control arm for hard setting on adjustable swaybar.



• Place spacers towards rear of control arm for soft setting.



N.B: It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.