

Fitting Instructions Z6296

Subaru WRX / Forester

Control Arm Lower-Inner & Outer Kit

Nolathane®

For ease of assembly please mark all arms as Front or Rear and ends as Inner and Outer prior to dismantling.

The original rubber bushes are not bonded in the arms and can be removed easily by pressing out of the arms by use of an arbour press or similar.

Note:

- Two of the Polyurethane bushes "1463 B" supplied have a larger bore size of 27mm; these must be fitted to the inner position of the rear control arms. Their matching crush tubes are also of larger diameter and are knurled on the ends. This is to ensure positive location in the toe adjustment eccentric;
- All six remaining Polyurethane bushes "1463" are the same and can be fitted to all other positions;
- Two of the metal crush tubes supplied have a 12mm inside diameter, these must be fitted to the inner position of the front control arms;
- The last four tubes all have an inside diameter of 14mm and are fitted to all the outer positions;
- The four washers supplied are to be fitted to the outer positions between the control arms and the hub.

Using the grease supplied: Grease the inside of the arm, grease the bushing and install in the arm. Grease the inside of the bush and the outside of the metal crush tubes and install in the bushing.