

Fitting Instructions

Engine Torque Mount Insert

Code: Z5211

Application:

MAZDA 3 1/04-3/08

FORD FOCUS 5/05-10

CONTENTS:

2X BUSHING INSERTS

INSTRUCTIONS

1. Raise vehicle evenly and support with jack stands.
2. Remove the 4 mounting bolts and remove aluminium housing. Then slide OE mount out as per fig 4 and 6.
3. Push poly inserts into OE housing. Refer fig 2 and 3.
4. Slide OE housing back into position as per fig 4 and 5
5. Re install aluminium housing and manually start all 4 bolts as per fig 6.
6. Tighten all 4 mounting bolts as per OE specification. Refer fig 7.
7. Re tighten after initial 100km

FIG1



FIG2



FIG3



FIG6



FIG4



FIG7



FIG5



Warning: Please drive carefully while you accustom yourself to the changed vehicle behaviour