

Fitting Instructions #4495IS

Land Rover Range Rover

Rear Control Arm Lower Bushing

Note: Polyurethane bushings must be fitted to both sides of the vehicle.

- Wheel-align the vehicle before the job is started and note settings;
- Jack the vehicle up and support on jack stands/hoist;
- Remove the lower control arms of the rear suspension;
- Remove original bush with the use of a hydraulic press and suitable pressing tools;
- Apply the white grease supplied to outside surface and into the bore of the bush, and the outside of the crush tube;
- Push the new polyurethane bushing into the housing as shown in the illustration. Install the '4495' bush into the front housing of the arm and the '4496' into the rear position, as shown in the figures.
- Refit the control arm to the vehicle and tighten all bolts to manufacture's torque settings;
- Carry out wheel alignment.

