

Fitting Instructions #1009IS

Nissan Skyline, Silvia, Pintara, Gazelle, Bluebird, 200SX, 180SX and 240SX

Control Arm Lower Inner Bushing



- With the lower control arm removed from the vehicle, use a suitable jig and hydraulic press to remove original bush;
- Press the steel shells provided into the control arms;
- Using the grease supplied, grease the inside of the steel shell and the outside of the polyurethane bushings supplied, then with the aid of the press, push the new bushing into the steel shell;
- Complete by greasing the inside of the poly bush and the outside of the steel crush tube then press the steel crush tube into the centre of the new bushing.