Fitting Instructions #3775IS Nissan 180SX *Diff to Cross-member to Chassis*

- o Jack vehicle up and put on stands/hoist.
- Undo the diff mounting bolt. To remove the factory bushes without removing the sub frame you can use an electric saw/drill to cut them out;
- To install the new Superpro Bushes, apply the grease supplied on the outside of the shell and push it into the sub frame. You will need a booker rod, washers, tube, nuts and tools including spanner, ratchet or impact gun;
- Hold the nut on one end with a spanner and start winding the nut on the other end;
- Alternatively, you can remove the rear sub frame assembly and burn the bushes out or other suitable tool to push them out;
- Ensure that all bolts are tightened to the manufacture's specifications.





