

# Fitting Instructions #5739IS

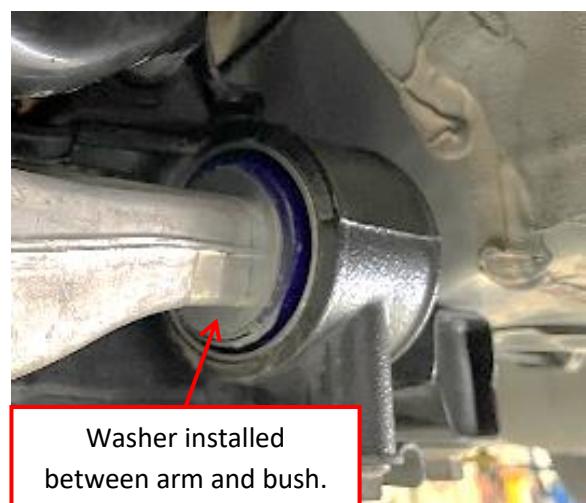
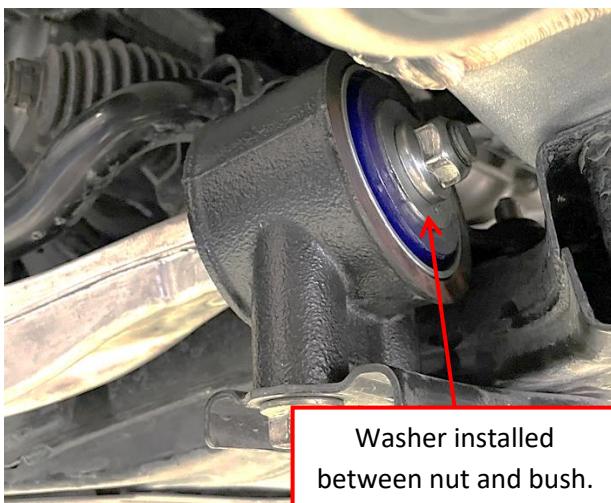
Honda Odyssey RC

## Front Lower Control Arm Rear Bushing

**SuperPro**  
Suspension Parts

**Note:** Polyurethane bushes must be fitted to both sides of the vehicle.

- Wheel align the vehicle before the job is started and note settings;
- Mark the control arms & bracket orientation in the vehicle;
- Disconnect the Swaybar link from the control arm;
- Remove the swaybar bush bolts, which is located on top of the rear bracket.
- Remove the control arm bolts and set aside for reuse later.
- On the knuckle side, remove the split pin and loosen the nut but do not remove. Then, break the taper between the ball joint stud and steering knuckle. Careful to not hit on the thread and boot.
- Remove the front lower control arm and rear bracket from the vehicle.
- Remove original bushings from the rear bracket with the use of a hydraulic press and suitable pressing tools.
- Clean housing areas to remove any old original bushing material. Then, press the new bushes into the rear bracket;
- Apply the grease supplied to the bore of the new polyurethane bushes and the outside of the steel crush tube. Then, press the crush tube into the bushes.
- The new supplied washers are to be installed on both faces of the rear bush as shown below;
- Refit the front assembly in reverse order. Wheel align vehicle and check new settings;
- Torque all mounting bolts to manufactures specifications.



### KIT CONTENT

Item No.	Part Number	Description	QTY
1	SPF5739	SHELL BONDED PU BUSH	2
2	SPF3090T	TUBE 30 X 16.3 X 66mm	2
3	SPF2750W	WASHER 58 X 17 X 2mm	4
4	NG-10	WHITE GREASE	1