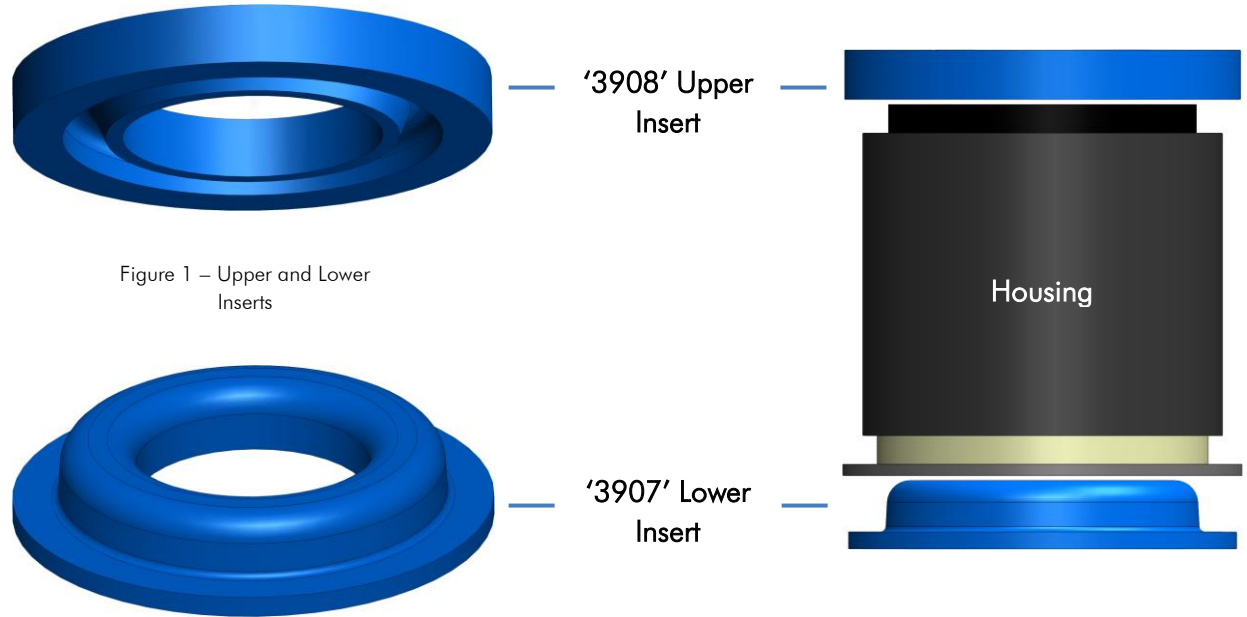


Fitting Instructions #3907IS

Toyota 86 / Subaru Forester / Subaru Impreza WRX

Cross-Member Insert Enhancement Kit

- Jack vehicle up and put on stands/hoist;
- Remove the retaining bolts and washers, lower the sub-frame allowing enough clearance for installing the SuperPro upper inserts, and support with long adjustable jack stand, one on each side of the sub-frame;
- For the front and rear position of the sub-frame, grease up the SuperPro bush inserts and with reference to the Figure 1, Figure 2 and Figure 3, locate the '3907' and the '3908' to the lower and upper sides of the sub-frame housings, respectively;



Note: The sub-frame inserts will be tight to fit in. Use a soft hammer to aid pushing inserts to position if required.

- Raise the sub-frame, refit and tighten all washers and bolts to the vehicle. The inserts should fit itself to the OE bush as you tighten the bolts. Ensure that you use manufacturer's torque settings and carry out a wheel alignment.

