

Fitting Instructions #4432IS

Holden Captiva

Front Lower Control Arm Front Bushing

Note: Polyurethane bushes must be fitted to both sides of the vehicle.

- Wheel align the vehicle before the job is started;
- Jack the vehicle up and support on hoist/jack stands;
- Remove control arms from the vehicle;
- Use a hydraulic press or similar to remove the OE bushing and steel crush tube from the arm;
- For ease of installation, lube the body of both bushes then press into arm;
- Lubricate the bore of the new polyurethane bushing and the outside of the new steel crush tube.
Use an arbour press to press the tube into the bushing;
- Refit both left and right arms with the new bushes into the vehicle;
- Wheel align vehicle and check new settings;

Left Hand Side Control Arm

