

# Fitting Instructions #5180IS

## Nissan Qashqai (J11 - Second Generation)

### Front lower Control Arm front and rear bushing



**Note:** Polyurethane bushes must be fitted to both sides of the vehicle.

- Wheel-align the vehicle before the job is started and note settings;
- Jack the vehicle up and support on jack stands;
- Remove the lower control arms;
- Remove original shell parts from the housing with the use of a hydraulic press and suitable pressing tools;
- With reference to the diagram below, note the position of the new bushes in the arm;
- Push the new polyurethane bushings with the shell into the housing until the required amount of the shell protrudes from the underside of the arm, 2mm for the front bushing and 3mm for the rear;
- Note: lubricate the outside of the steel tube, the polyurethane inside of the steel shell parts and push the steel crush tubes into the bushes. Fit the spacers supplied with reference to the diagram beside over the crush tubes top and bottom, use the white grease supplied to lubricate the spacers. (Larger face of the spacer must face towards the new bushing);
- Refit the control arm to the vehicle. Tighten all bolts to manufactures torque settings;
- Carry out wheel alignment.

