

Fitting Instructions #4313IS

BMW 1 SERIES F20 / BMW 3 SERIES F30

Rear Lower Control Arm Inner Bushing (Rear)

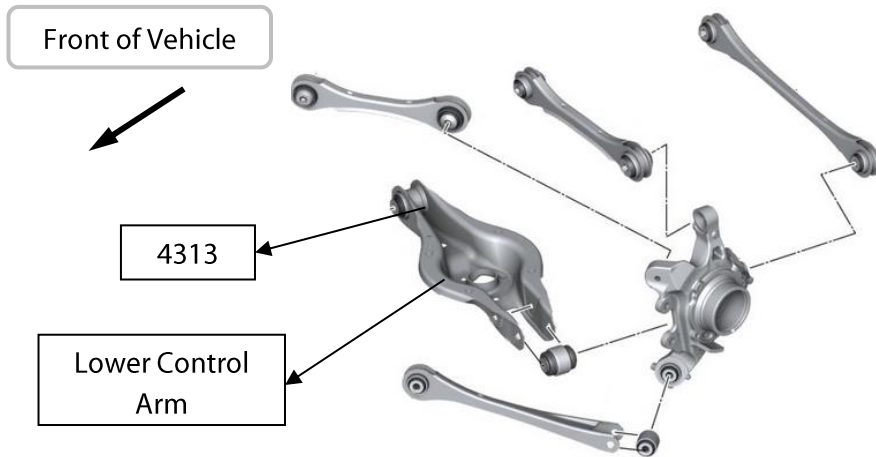


Figure 1: Rear Suspension Diagram



Support the arm with half spacers to prevent arm from bending.

Note: Polyurethane bushes must be fitted to both sides of the vehicle.

- Following manufacturer's recommendations remove the rear lower control arms from the vehicle.
- Remove original bushings including the steel shell from the lower control arms with the use of a hydraulic press and suitable pressing tools (refer to Figure 2);
- Clean housing areas to remove any old original bushing materials before installing new bushes;
- Then, push the new bushes with the crush tubes into the arm ensuring that the bushes are set central in the arm.
- Lubricate the side faces of the new bushings and the areas on the chassis and hub that contact the new bushings and refit the rear lower control arms;
- Ensure that you tighten all fasteners to manufacturer's specifications with the vehicle at ride height and get the vehicle wheel aligned.

Figure 2: O.E Bush Removal