

# Fitting Instructions #4194IS

## Volkswagen Golf

### Rear Upper Control Arm Outer Bushing

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**Note:** Polyurethane bushings must be fitted to both sides of the vehicle.

- Wheel-align the vehicle before the job is started and note settings;
- With the vehicle on jack stands/hoist, remove the rear upper control arms;
- With the use of a hydraulic press and suitable pressing tool, remove the factory bushes including the steel shell;
- Clean housing areas to remove any old original bushing materials;
- Using the appropriate pressing tools support the control arm and press in the new bushes according to the orientation shown in figure below;
- Apply the grease supplied to the bore of the bush and the outside of the steel crush tubes;
- Refit the rear upper control arms to the car and tighten the bolts;
- Ensure that all fasteners are torque to manufacturer's specification and carry out a wheel alignment.

