

Fitting Instructions #0768IS

Alfa Romeo

Front Lower Control Arm Inner Bushing Kit

Front bushing:

The original mounting hardware needs to be re-used for this kit. The original rubber bushing is not bonded to the control arm and thus the front mounting pin can be pressed out of the control arm.

- Use an oxy-acetylene or propane gas torch to warm the mounting pin. The heat will destroy the bonding and the rubber can be easily stripped from the pin.

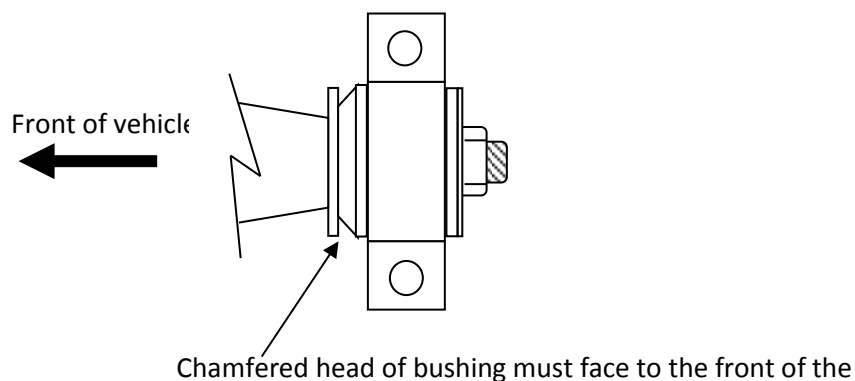
Note: This procedure must be performed in a well ventilated area. Excessive heat is not required and the rubber should not catch on fire (A little smoke may be produced);

- The pin and control arm can now be cleaned with a wire brush and or emery paper.
- Using the grease supplied, grease:
 - Inside the control arm;
 - Outside and inside of the polyurethane bushings;
 - Outside of the mounting pin.
- Press the poly bushings into the control arm then insert the mounting pin etc.

Rear bushing:

This bushing requires the alloy outer housing, washer and retaining nut to be re-used (A new steel crush tube is supplied with this kit).

- Repeat the heating procedure as previously described above to break the rubber bond between the old bushing and the housing.
- Press out the old rubber bushing and clean the mount with a wire brush and or emery paper.
- Using the grease supplied, grease:
 - Inside the housing;
 - Outside and inside of the polyurethane bushings;
 - Outside of the new steel crush tube.
- Press the poly bushings into the housing then insert the steel crush tube
- Install the housing onto the control arm as per drawing below and re-fit to the vehicle.



Note: Tighten all mounting bolts and nuts as per manufactures specifications.