

Fitting Instructions #0840IS

Holden Commodore VT - VY

Rear Cross-Member Supplement Washer

Note: Polyurethane bushes must be fitted to both sides of the vehicle.

- Jack vehicle up and put on stands/hoist, remove the retaining bolt on the lower supporting plate and then, loosen the Cross-Member bolt. **Note:** Support the Cross-Member with a tall adjustable jack stand or similar.



Remove retaining bolt on lower supporting plate

Figure 2: Bottom view of Cross-Member

- Carefully lower the Cross-Member until there is enough clearance to install the upper polyurethane supplement washer (bush marked 840A).
- Generally clean the area of the Cross-Member bushing.
- Apply the grease supplied to the body and the bore of the polyurethane supplement washer and also, the area on the rubber bushing.
- Then, install the polyurethane supplement washer with reference to Figure 3 below.

Note: If it is a HSV model, do not install upper polyurethane washer (840A) as the O.E bush is solid. However the lower supplement washer is required.

- Refit and tighten all mounting bolts to manufacturer's torque settings.
- Road test the vehicle and do a safety check after 1000km.

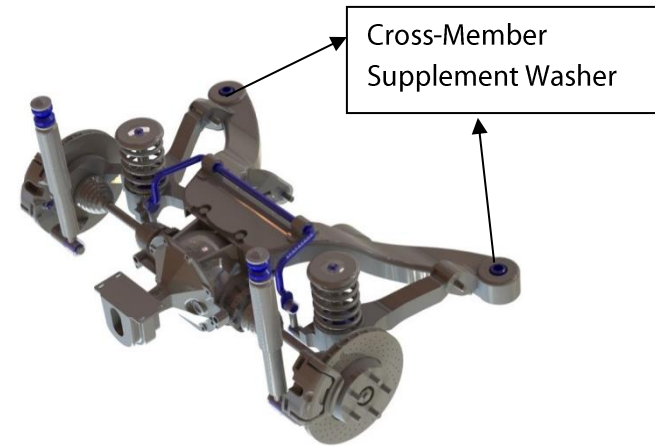


Figure 1: Rear suspension diagram

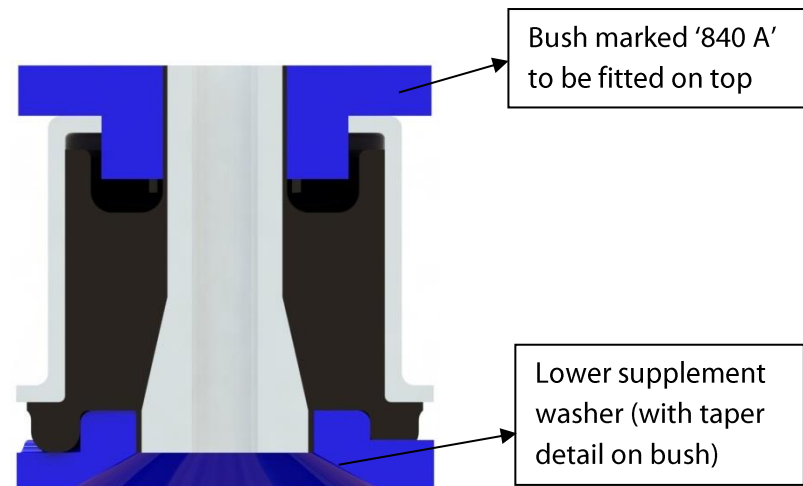


Figure 3: Bush arrangement