

# Fitting Instructions #3022IS

## Nissan Navara D40

### Front Upper Control Arm Inner Bushing

**Note:** Polyurethane bushings must be fitted to both sides of the vehicle.

- Wheel-align the vehicle before the job is started and note settings;
- With the vehicle on jack stands, remove the upper control arms;



Depending on the kit you have purchased the camber can be adjusted check the before wheel alignment to see what setting you require.

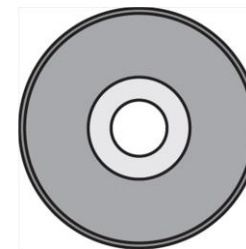
- SPF3022K – standard replacement kit.
- SPF3022XK – camber +/- both sides, approx. 0.5 degree change (has 4 bushes & 4 offset tubes).

**Note:** The driver's side rear bolt requires the steering shaft be disconnected in order remove bolt. Lock the steering wheel in the centre to prevent the clock spring from turning. Then mark the splines to ensure correct alignment when reconnecting. The bolt can be re-fitted from the opposite direction for easy removal in the future.

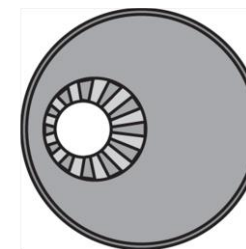
- Remove the original bushes including the steel shell;
- Using the appropriate pressing tools support the control arm and press in the new bushes according to your desired setting;
- Apply the grease supplied to the bore of the bush and the steel crush tubes. If you have SPF3022XK with offset tubes push in the crush tubes as per drawing to give maximum camber change;
- Refit the control arms to the car, making sure you tighten the bolts with the arm held at 90 degrees to the mounts to give you the maximum camber offset;
- Re-assembly the rest of the car. Carry out a wheel alignment.

**Note:** manufactures torque setting must be used on all bolts and nuts.

#### Left Hand Side Rear Shown



SPF3022K



SPF3022XK