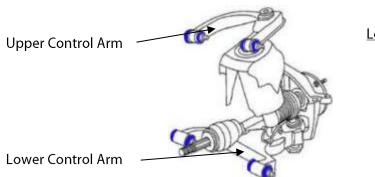
## Fitting Instructions #4031IS

## Holden Colorado RG / Isuzu D-Max LS, SX, EX Front Upper Control Arm, Inner Bushing





Left Hand Side Shown

**Note:** Polyurethane bushings must be fitted to both sides of the vehicle.

- o Wheel-align the vehicle before the job is started and note settings;
- With the vehicle on jack stands, remove the front upper control arm;
- Use an Oxy-acetylene torch to heat the inner tube to destroy the bond between steel and rubber, remove the inner tube. It is not necessary to generate enough heat to set fire to the rubber, however you will probably generate some smoke;
- Repeat the procedure on the arm and outer shell to break the bond between the outer shell and the rubber, remove the rubber. Then, cut the factory shell and chisel it out;
- o Clean housing areas to remove any old original bushing materials;
- o Using the appropriate pressing tools support the control arm and press in the new bushes.
- Apply the grease supplied to the bore of the bush and the outside of the steel crush tubes and then, push the crush tube in;
- Lubricate the side faces of the new bushings and the areas on the chassis that contact the new bushings and refit the front upper control arms to the car, making sure you tighten the bolts with the arm held at 90 degrees to the mounts to give you the maximum camber offset;
- Ensure that all fasteners are torque to manufacturer's specification and carry out a wheel alignment.

