

Fitting Instructions #3296IS

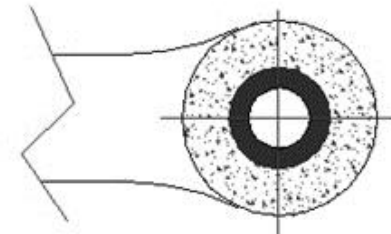
Nissan Skyline V35, 350Z, Stagea M35 and Infiniti G35

Front Upper Control Arm Inner Bushes

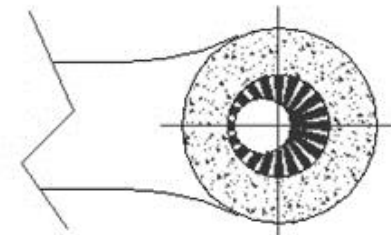
Note: Vehicles with wide wheels may need guards rolled.

- Jack vehicle up and support on jack stands, remove front wheels;
- Remove split pin from top ball joint, remove 17mm nut and remove ball joint;
- Loosen the 2 inner 14mm bolts;
- Remove the 3 12mm nuts from the top strut plate and lower down the strut to allow removal of the inner control arm bolts;
- Remove arm. Due to the bushes being flanged steel shells we recommend you burn the centre crush tube out with the use of an oxy-acetylene torch, then use a hacksaw to cut through the remaining outer shell which allows you to chisel the shell out. (Note must be carried out in a well ventilated area and appropriate safety equipment used also pay attention not to apply excessive heat to alloy arm);
- Clean the arm and remove any burrs;
- With reference to the diagrams, fit the new polyurethane bushes, then apply the grease supplied to the inside of the bushes and the outside of the crush tubes, fit crush tubes (note SPF3297K will +/- camber by approx 0.5 degree);
- Refit to car in reverse order making sure to replace the split pin with a new one, repeat for opposite side;
- Carry out a front wheel alignment.

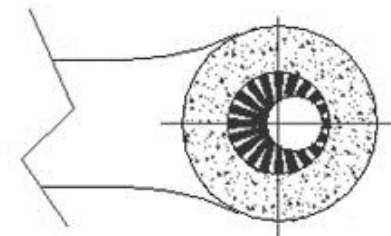
Left Hand side Shown



Standard



Camber Increase



Camber Decrease

Note: manufactures torque settings must be used on all bolts/nuts.