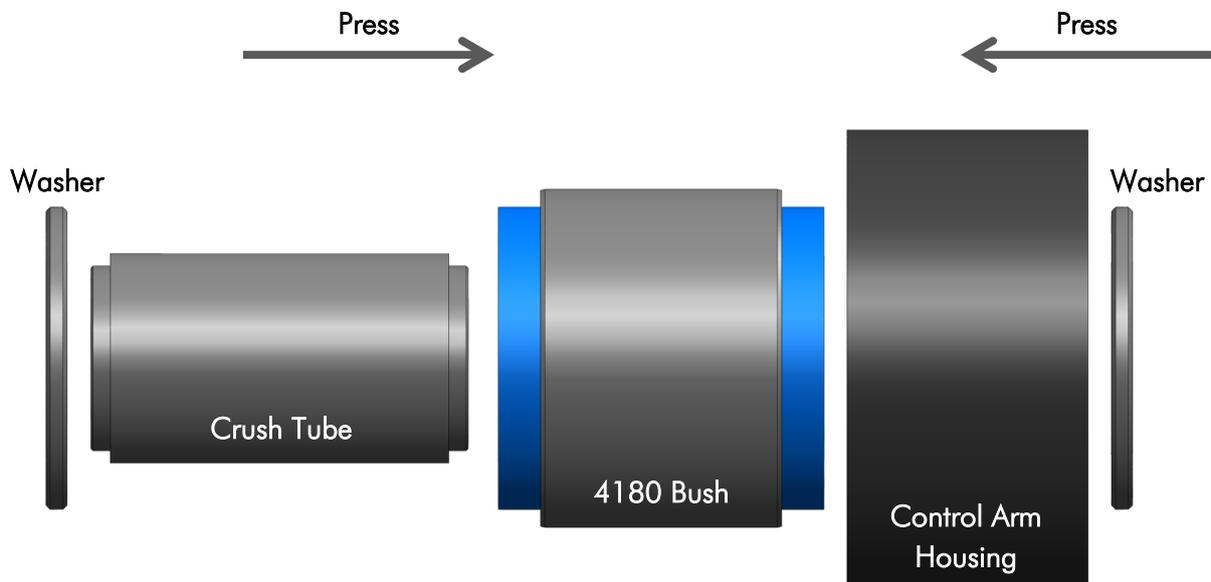


# Fitting Instructions #4180IS

VW Golf Mk7

**Front Control Arm Lower Outer Bushing**



**Note:** Polyurethane bushes must be fitted to both sides of the vehicle.

- Wheel-align the vehicle before the job is started and note settings;
- Jack the vehicle up and support on jack stands;
- Remove the lower control arms;
- Remove original shell parts from the housing with the use of a hydraulic press and suitable pressing tools;
- Clean housing areas to remove any old original bushing materials;
- With reference to the diagram above, push the new polyurethane bushing with the shell into the housing;
- Lubricate the outside of the steel crush tube and the polyurethane inside of the steel shell parts. Push the steel crush tubes into the bushes according to the diagram above. A hand press may be required to insert the steel tube, as there can be significant crush. The washers are to be arranged as depicted in the diagram above;
- Refit the control arm to the vehicle. Tighten all bolts to manufactures torque settings;
- Carry out wheel alignment.