## Fitting Instructions #5522IS

## Toyota Land Cruiser 300 Series Front Control Arm Lower-Front Bush Kit

Note: Polyurethane bushes must be fitted to both sides of the vehicle.

- Jack the vehicle up and support on stands/hoist and then, remove the front lower control arms from the vehicle.
- Remove original bushes including the shell from the front lower control arms
  with the use of an air chisel and suitable pressing tools. Alternatively, use an
  Oxy-acetylene torch to remove the rubber and then, cut the factory shell
  and chisel it out.
- Clean housing areas to remove any old original bushing materials. Then, press the new polyurethane steel shell bushes into the front lower control arm. *Note:* The new bushes fits in the same way as they come out (Flanged end sit against the outside of the arm as pictured).
- Using the grease supplied, generously lubricate the outside of the steel
   crush tube, the bore of the new bush and then, push the crush tube in.
- Refit the front lower control arms and tighten all bolts to manufacturers torque settings.
- o Carry out a wheel alignment and check new settings.
- o Recheck all bolts after 100kms.





