Fitting Instructions #3155IS



Front Lower Control Arm Bushes All



- Wheel align the vehicle before the job has started and record readings;
- Jack vehicle up on hoist/stands and remove road wheels;
- Remove front lower control arms;
- o If available use suitable pressing tools and remove bushes from arm
- If using an oxy-acetylene torch to remove bushes you must be in a well ventilated area and use the appropriate safety equipment;
- Use the oxy-acetylene torch to heat the inner crush tubes until the bonding on the rubber has let go
 push the crush tube out. Apply heat to the outside diameter of control arm until the rubber bonding lets go of the shell then push the remaining rubber out;
- Using a hacksaw or similar cut through the remaining shell then use a chisel to remove the shell from the control arm. Clean out the holes in the control arm and paint the eyes if they need to be;
- Using a hand press and appropriate pressing tools press the new bushes as per diagram;
- Using grease supplied fully lubricate and insert steel tubes;
- Lubricate the area where the bushes will contact the chassis;
- Refit the control arms and rest of componets in reverse order of dissesembly and carry out a wheel alignment;
- o Recheck all bolts after 1000km or 1 month;
- Manufactures torque setting must be used on all bolts.

