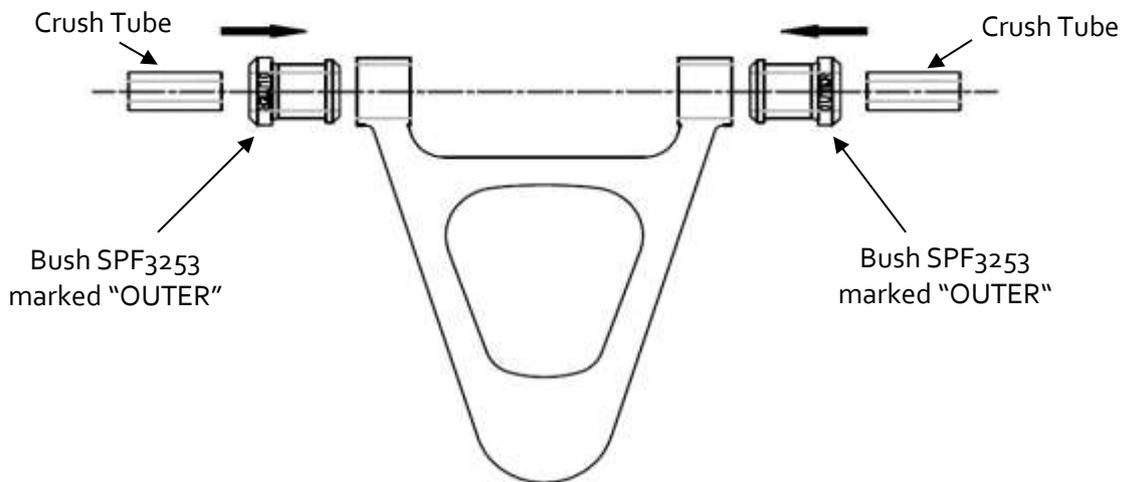


Fitting Instructions #3253IS

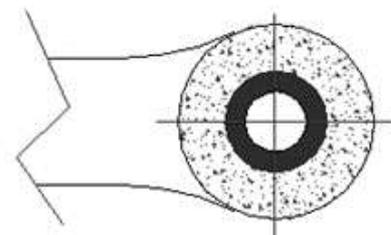
Mazda MX5 NC30F1 / Mazda RX8

Front Upper Control Arm Inner Bushes

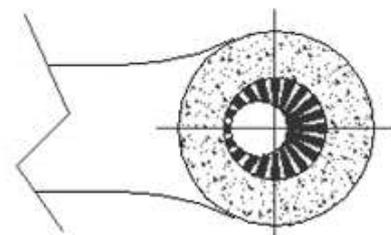


- Jack vehicle up and support on jack stands, remove front wheels;
- Remove upper control arm (Refer to workshop manual for detailed instructions on how to remove arm);
- Due to the bushes being flanged steel shells we recommend you burn the centre crush tube out with the use of an oxy-acetylene torch, then use a hacksaw to cut through the remaining outer shell which allows you to chisel the shell out (Note must be carried out in a well-ventilated area and appropriate safety equipment used also pay attention not to apply excessive heat to alloy arm);
- Clean the arm and remove any burrs;
- With reference to the diagrams; fit the new polyurethane bushes note install the bushes with the markings "OUTER" to the outside of the arm as per above schematic drawing;
- Apply the grease supplied to the inside of the bushes and the outside of the crush tubes, with reference to diagram fit crush tubes (Note SPF3254K will +/- camber by approx. 0.5 degree);
- Refit to car in reverse order;
- Tighten all bolts to manufacturer's specification;
- Carry out wheel alignment.

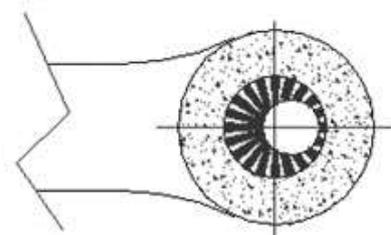
Left Hand side Shown



Standard



Camber Increase



Camber Decrease