

Fitting Instructions #5330IS

Toyota Landcruiser 200 Series

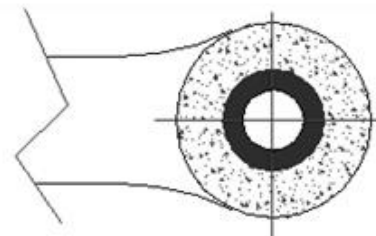
Front, Control Arm Upper Inner Kit

Note: Polyurethane bushings must be fitted to both sides of the vehicle.

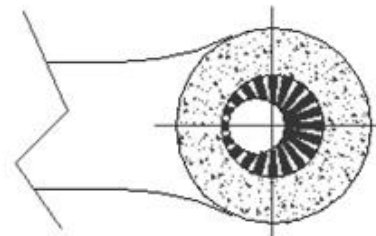
- Remove the control arms from the vehicle;
- Use an oxy-acetylene torch burn out original rubber bushings. Then use an air chisel to remove original steel shell. Clean the inside of the arm eyes, making sure that all the inner surfaces are clean;
- Use the grease supplied and apply it to the outside and the inside of the new bushing, as well as the inside of the eyes on the arms (All the bushing surfaces in contact with the arm and the crush tube must be coated with the grease provided);
- Push the new bushings into the arms noting orientation as per Figure 1 below;
- Then, with reference to the table below, fit the crush tubes to gain desired result. Note apply grease to the outside of the crush tubes and install the tubes into the bushings;
- Install the arms into the vehicle making sure that the washers supplied are installed on the inside of the arm, as per Figure 1 below;
- Reuse the OE washers on the outside and tighten all mounting nuts and bolts to the manufactures torque specifications;
- Wheel align vehicle.

Special note: Upper control arm main retaining bolts must be tightened with the vehicle at ride height.

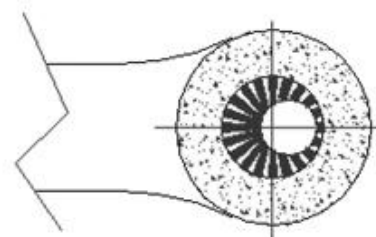
Left Hand side Shown



Standard Replacement



Camber Increase (0.5-0.75 deg.)



Camber Decrease (0.5-0.75)

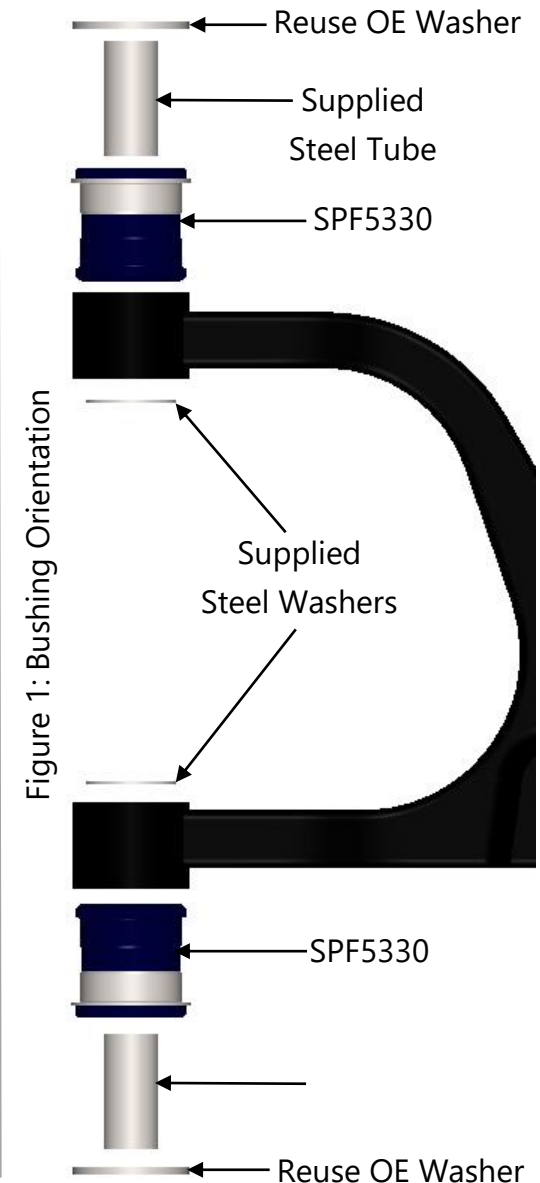


Figure 1: Bushing Orientation