

# Fitting Instructions # RC0004RZIS



## Volkswagen Polo

### Rear Sway Bar

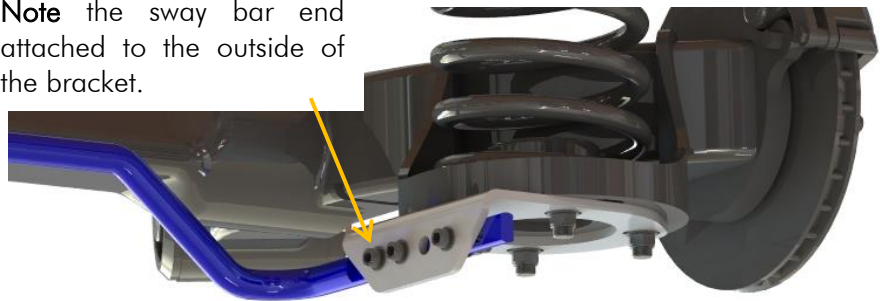
**Note:** This work should be carried out by qualified persons.

1. Raise vehicle and support on Jack stands;
2. Supporting the rear beam, undo and remove the bottom shock bolts;
3. Lower the beam far enough to remove the springs. Be careful not to over stretch the brake hoses or the ABS cables;
4. Sit the top plate onto the lower spring seat mount and attach the lower bracket using 8mm bolts supplied. Bolts are fitted from the top. Leave the bolts loose at this stage. Repeat on the other side;



Top plate with bolts

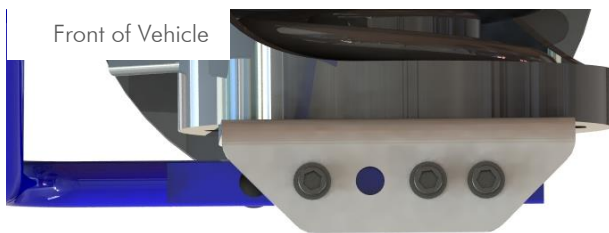
**Note** the sway bar end attached to the outside of the bracket.



Lower bracket

5. Depending on bar position required attach the bar using 3x10mm Cap screws per side. Leave bolts loose;

View From Inside Car - Looking out RHS



Standard Setting



Full Hard Setting

**Note** bar and bolt position

5. Tighten all Bracket bolts first and then tighten the bar bolts;
6. Torque 8mm bolts to approximately 24.5nm and 10mm cap screws approximately 46nm.

**Note:** A drop of Loctite is recommended on all bolts.

#### **Important:**

- Please drive carefully to get used to the new handling characteristics;
- Fulcrum Suspensions and Roll Control **do not** take responsibility for incorrect fitment or misuse of this product.

Pictures are indicative and are not necessarily exact to the B.O.M