

Fitting Instructions #4597IS

Nissan 370Z, 400Z

Rear Control Arm Lower - Front Inner Bush Kit



Note: Polyurethane bushings must be fitted to both sides of the vehicle.

- Wheel-align the vehicle before the job is started and note settings;
- With the vehicle on jack stands/hoist, remove the rear lower-front control arms;
- With the use of a hydraulic press and suitable pressing tool, remove the factory bushes including the steel shell;
- Clean housing areas to remove any old original bushing materials;
- Using the appropriate pressing tools support the control arm and press in the new bushes according to the orientation shown in figure below;
- Apply the grease supplied to the bore of the bush and the outside of the steel crush tubes;
- Refit the rear lower-front control arms to the vehicle and tighten the bolts;
- Ensure that all fasteners are torque to manufacturer's specification and carry out a wheel alignment.

