

Fitting Instructions #1755IS

Honda Civic / CR-V

Front Control Arm Lower Inner Rear Bushing

Special Note: Polyurethane bushes must be fitted to both sides. This will ensure that the suspension bushes are compliant on both the right-hand side and the left-hand side of the vehicle.

- With the vehicle on jack stands/hoist, remove the control arms;
- Remove the original bushes using a hydraulic press and suitable pressing tools;

Note: Mounting brackets and pivot shafts must be free of dirt, rust and corrosion. Ensure that all the bush surfaces in contact with metal are coated with the grease provided.

- Using the grease supplied, liberally apply it to the bore of the polyurethane bush and on the outer surface of the tube;
- Press the control arm pivot shaft into the crush tube, then install the new crush tube into the '1755', '1757' or '1757A' bushes, according the desired castor setting details in the Table 01 (page 02);

Note: the thinner flange of the bush should face towards the control arm, the thicker bush flange with 'Rear' stamped on should face towards the rear of the vehicle, and the side with 'Top' stamped on should be towards the top of the vehicle, see Figure 01 (page 01) and table 01 (page 02);

- Apply the grease supplied on the outside of the bush and on the surface of the bracket in contact with the bush;
- Refit the control arms and the original brackets to the vehicle, and tighten all bolts to the manufacturer's torque specifications with the vehicle at ride height;

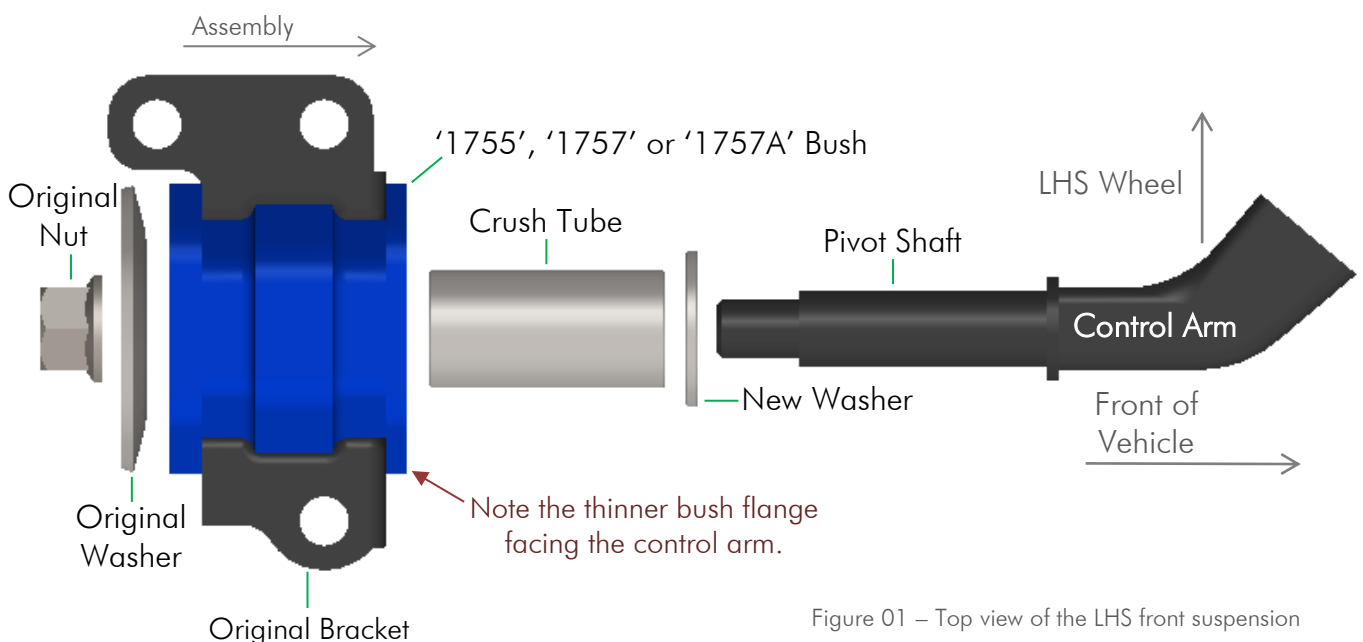
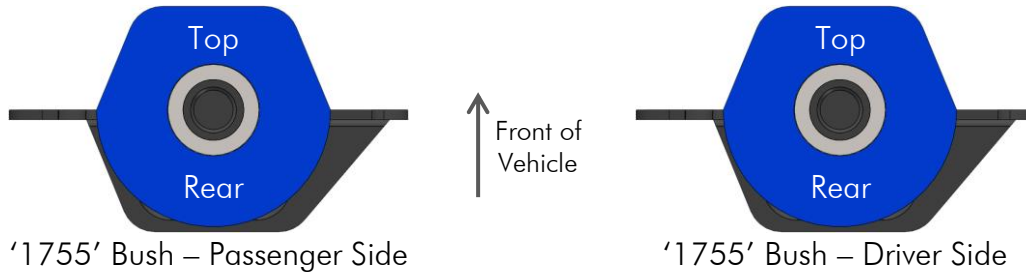


Figure 01 – Top view of the LHS front suspension

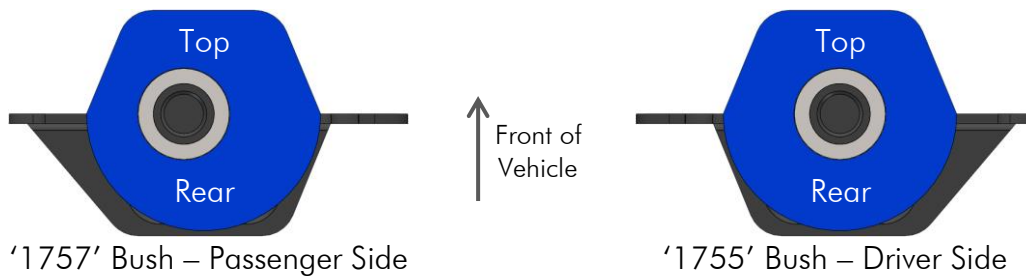
Table 01 – SuperPro Kits' settings

View from the Rear of the Vehicle

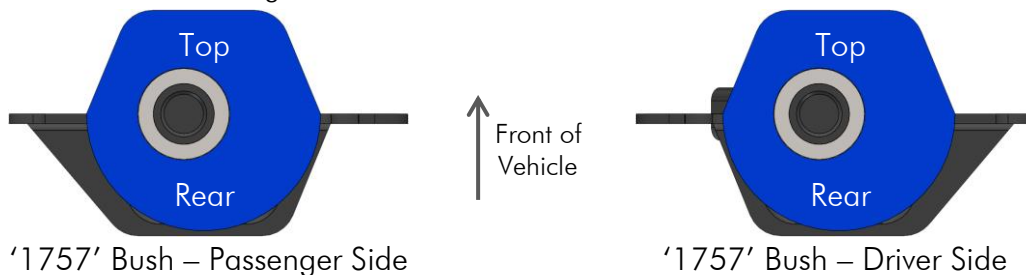
SPF1755K – Standard Alignment Kit
No caster change



SPF1756K – Single Offset Kit
No caster change on the Right Hand Side
Caster Increase on the Left Hand Side



SPF1757K – Double Offset Kit
Caster Increase on the Left Hand Side
Caster Decrease on the Right Hand Side



SPF1757AK – Double Offset Kit
Caster Increase on the Left Hand Side
Caster Increase on the Right Hand Side

