

Fitting Instructions #4286IS

Holden Commodore VF / Honda Civic FN

Control Arm Upper Rear Bushing

Note: Polyurethane bushes must be fitted to both sides of the vehicle.

1. Wheel-align the vehicle before the job is started and note settings;
2. Jack the vehicle up and support on jack stands/hoist, then remove the upper control arms;
3. Remove original shell parts from the bracket housing with the use of a hydraulic press and suitable pressing tools;
4. Lubricate the hexagonal bore of the '4286A' bush and fit the arm into it as shown in the Figure 1;

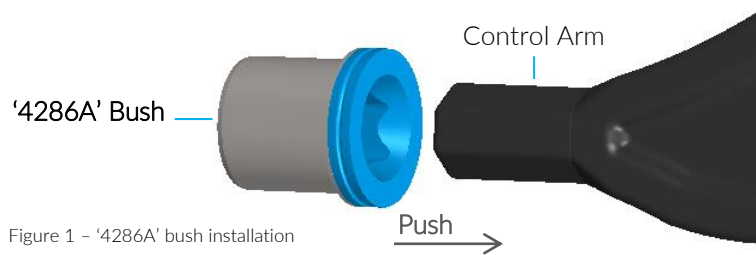


Figure 1 - '4286A' bush installation

5. Push the '4286' bush into the bracket using a hydraulic press, and/or suitable pressing tools, until it is flush with the bracket facing towards the control arm, see Figure 2.

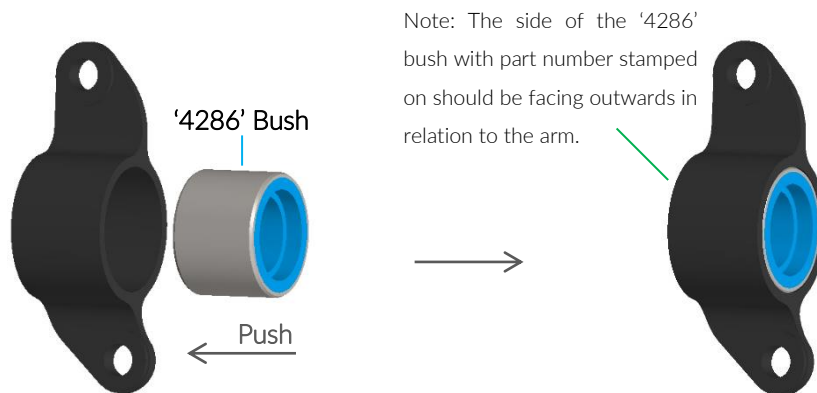


Figure 2 - '4286' bush installation

6. Lubricate the shells of the '4286A' bush and the inside of the '4286' bush;
7. Push the '4286A' bush into the '4286' bush as shown in Figure 3;

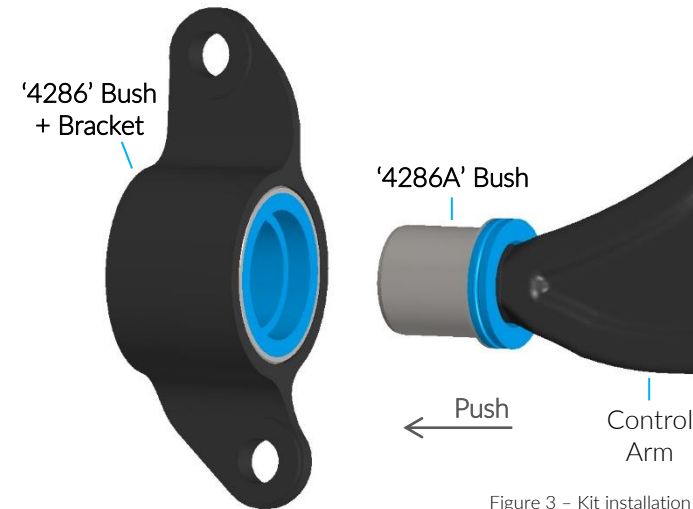


Figure 3 - Kit installation

8. Refit the control arm to the vehicle. Tighten all bolts to manufacture's torque settings;
9. Carry out wheel alignment.



Note the position of the bracket in relation to the arm.