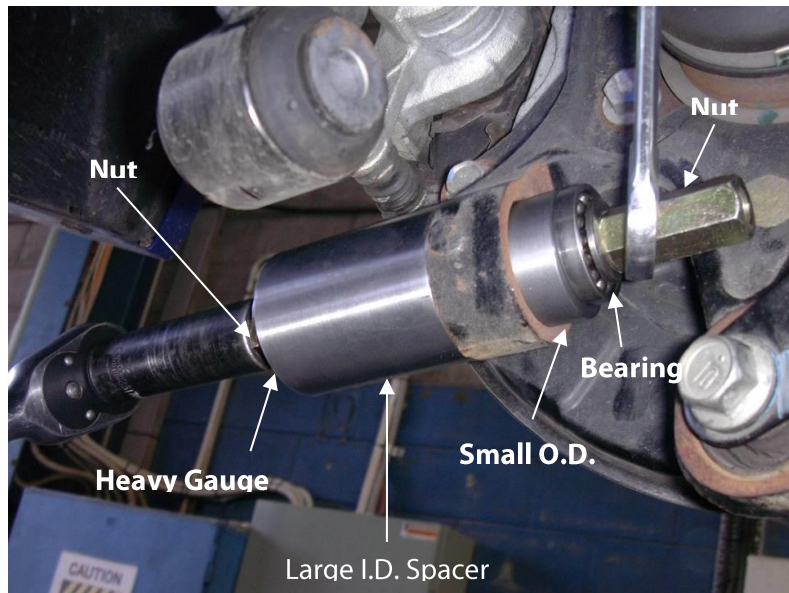
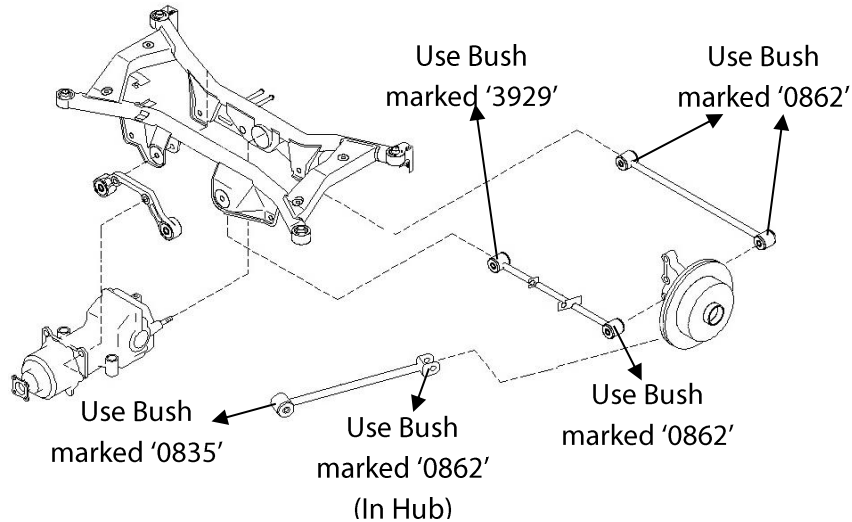


Fitting Instructions #3929IS

Nissan X-Trail T30 Series I & II

Rear Lateral Arm Bush / Trailing Arm Bush



- Jack vehicle up and put on stands/hoist, remove rear wheels and the lateral arms/trailing arms you are replacing;
- Undo the fasteners and remove the lateral arm(s)/ trailing arm that needed bush replacement. Then, press the O.E bushes out with a hydraulic press.
- Ensure that the grease supplied is used on all contacting surfaces prior to the assembly of the new polyurethane bushes and crush tubes.
- To remove the trailing arm rear bushes (in hub) without removing the hub you will need the following items; 1 x threaded rod and 2 matching nuts, 1 x small OD metal spacer, 1 x large I.D. metal spacer, 1 heavy gauge washers one to sit outside on each of the metal spacer, old pinion style bearing and 2 matching spanners;
- Set the tools up according to the attached diagram and draw the bush out. Note excessive force is not necessary; make sure the spacers are lined up correctly. Also cover the bearing with a rag in case of failure, appropriate safety equipment must be used.
- Apply the grease supplied to all contacting surface and install the new polyurethane bushes. Use a pair of multi grips to install the crush tubes;
- Refit lateral arms/trailing arms using manufactures torque settings and carry out a wheel alignment.

This procedure is only one option, alternatively you can remove the hub assembly and burn/cut out the bush.