

# Fitting Instructions #2160IS

Ford Econovan / Mazda E Series

***Control Arm Lower-Inner Bushing***

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**Note:** The Original Shell which holds the rubber bush must not be removed from the control arm.

- With the lower control arm removed from the vehicle – proceed as follows;
- Knock off the washers, which are riveted on each end of the crush-tube. This can be done with a hammer and chisel, or more easily with an air chisel;
- The rubber bush can now be pushed out of the arm, complete with its crush-tube by the use of an arbor press or similar;

**Note:** The bush is not bonded to the outer shell.

- Clean the inside of the shell with a wire brush and or emery tape;
- Using the grease supplied, grease:
  - Inside the shell;
  - Outside and inside of the bush;
  - Outside of the crush-tube;
- Press the bush into the shell, taking note to position the large diameter flange against the flange of the shell, then insert the tube into the bush;
- Grease the ends of the bushes where they locate in the cross-member.

The control arm can now be re-installed into the vehicle.