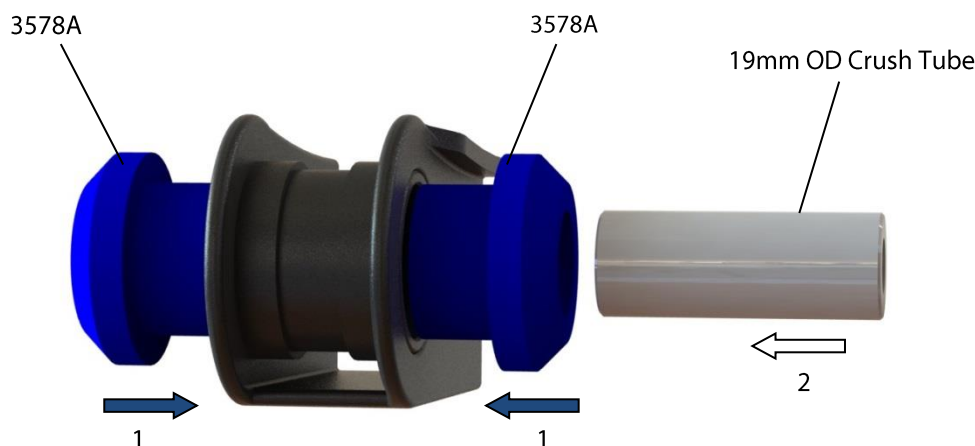


Fitting Instructions #3578IS

Honda CRV Mk1 4WD Wagon

Control Arm Lower Inner & Outer Kit (Rear)



Note: Polyurethane bushes must be fitted to both sides of the vehicle.

- Wheel-align the vehicle before the job is started and note settings;
- Jack the vehicle up and support on jack stands;
- Remove the rear lower control arms;
- Using an oxy-acetylene torch, apply heat to the centre crush tube until the bond is broken, then lever the tube out (Appropriate safety precautions and procedure must be followed if working with an oxy-acetylene torch);

Caution – Do not destroy/remove original shell

- Clean the inside of the shell areas to remove any old original bushing materials.
- With reference to the diagram above, generously grease the outside of the new polyurethane bushes, then push into the shell.
- After that, lubricate the outside of the steel tube, the inside of the polyurethane bushes and then push the steel crush tubes into the bushes.
- Repeat installation process for the other location and the other arm.
- Lubricate the side faces of the polyurethane bush and refit the control arms to the vehicle.
- Tighten all bolts to manufacturer's torque settings and carry out wheel alignment.