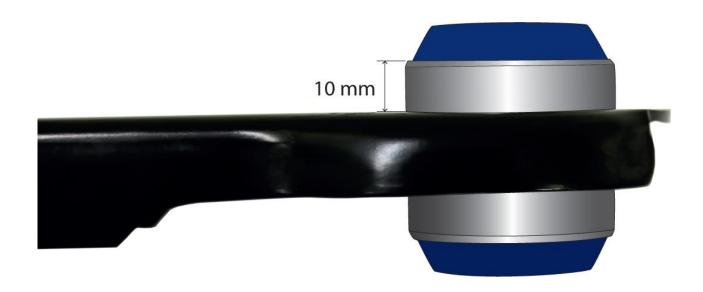
## Fitting Instructions #0255IS



## Commodore VB, VC, VH, VK, VL, VN, VP, VR and VS Trailing Arm Upper Bushing All



- o With the vehicle on jack stands/hoist, remove the control arms;
- Use a hydraulic press to remove the OE bushes and the shell part from the arms,
   and replace them with the new bushes, as it is shown on the illustration;
- Using the grease supplied, liberally apply it to the polyurethane bore of the bush,
   the outside of the steel crush tubes;
- Push the steel crush tubes into the bushes. A hand press may be required to insert the steel tube, as there can be significant crush;
- Refit the control arms to the vehicle, tighten all bolts to the manufacturers torque specifications;
- o Re-assembly the rest of the car. Carry out a wheel alignment.



**Note:** Polyurethane bushings must be fitted to both sides of the vehicle. This kit should be installed by a Qualified Motor Mechanic.