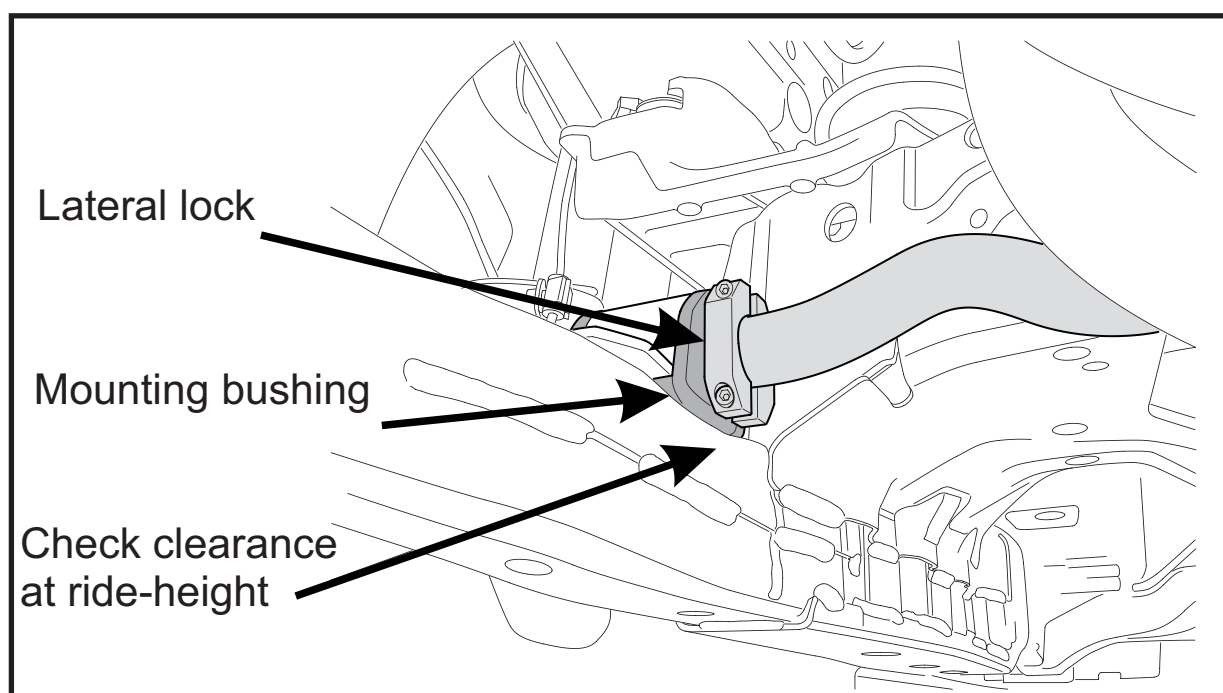


Alloy Lateral Lock Kit

Alloy Lateral Locks are designed to centralize your swaybar during operation



Confirm your Swaybar is central with links attached - this is best performed at ride-height.

Loosely bolt Lateral Locks next to the mounting bushing (leave approx 3-4mm gap). This can be either side of the mounting bushing but must maintain that both locks are fitted to identical positions LH and RH sides (both outside or both inside).

Check for clearance on full droop and full bump - the rotation of the lateral lock along the axis of the bar may foul other suspension components during rotation.

Tighten the Lateral Lock bolts down evenly and use mild force to secure. Careful to not over tighten.

Re-check Lateral Lock position after initial 100kms travelled.

Installation Guide

Heavy Duty Adj Front Swaybar

Application - VW Golf MK7 MK8
- AUDI MK3

Contents - 2x mount bushings
- 2x steel brackets (2-piece)
- 1x adj. swaybar
- Grease

1. Raise vehicle evenly and safely support.

Never rely on a jack only

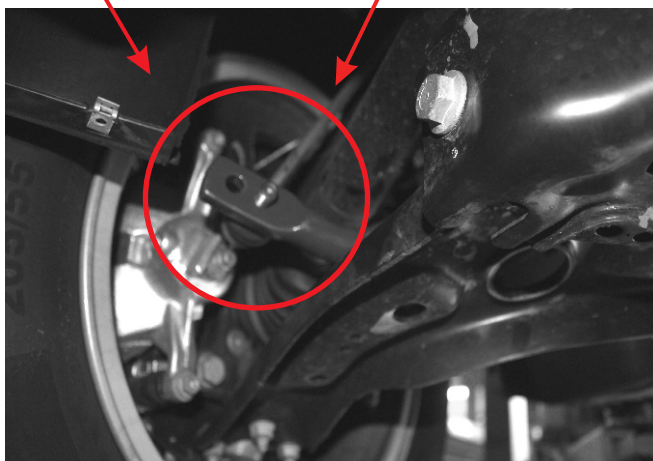
2. Disconnect the sway-bar links.
3. Un-bolt the steering rack and sway-bar mounting brackets from the sub-frame.
4. Support the sub-frame with a stand and start to loosen, un-bolt the sub-frame mount bolts. Proceed to lower the sub-frame down enough to access and remove the swaybar.

Note this new sway-bar is supplied with new OE style mount brackets - no need to dismantle original units



Soft setting

Hard setting



5. Grease bushings with supplied grease only.
6. Bolt up new sway-bar with new hardware. Bolt up to swaybar links also.
7. Re-fit sub-frame to vehicle.

Important - a wheel alignment will be needed immediately after install.

8. Re-check all bolts after 500mls/kms

It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.