



# Instructions

## Rear Adjustable Swaybar - With Brace

**Note.** This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

**Application** - Honda Civic EJ EK  
- 1994-2001  
- exc Type R

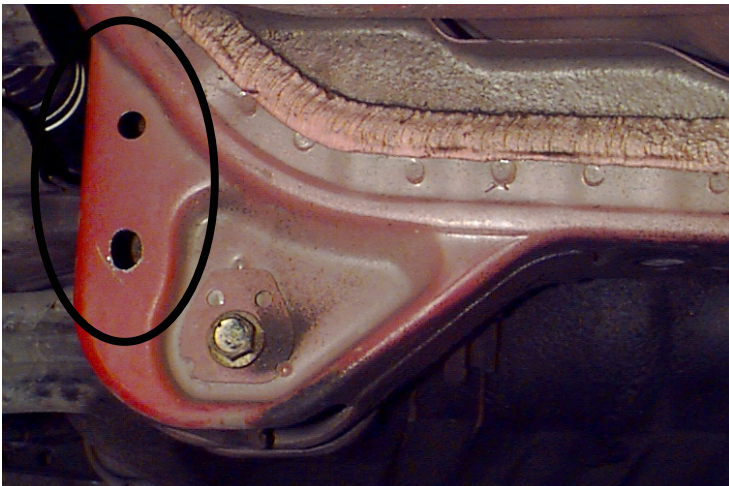
*Always refer complete catalogue listing*

- Raise vehicle evenly and safely support.

*Never rely on a jack only*

- Remove original swaybar (on models equipped with original swaybar).
- Un-bolt and remove the lower inner control arm bushing bolts. These will be no longer needed.
- Note the 2x factory holes just above the lower inner control arm bushing. Refer lower LH image.
- Proceed to bolt up new WHITELINE brace to the vehicle, using supplied brackets and hardware (page 2).

**Contents** - 1x 22mm adjustable swaybar  
- 1x aluminium reinforcement brace  
- 2x spacer brackets  
- 2x backing plates (threaded)  
- 2x M12 long bolts (lower control arm)  
- 2x M10 short bolts (brace)  
- 2x M10 medium bolts (brace)  
- 2x M10 long bolts (brace)  
- 4x steel washers (saddles)  
- 2x mount bushings  
- 2x steel saddles  
- 2x swaybar links  
- 4x M10x60 bolts (links)  
- 4x M10 nyloc nuts (links)  
- 2x large steel flat washers (links)  
- 2x small steel flat washers (links)  
- grease



Refer Page 2 for install -

It is recommended that a licenced workshop or trades person carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.



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- Start by feeding the long M12 bolt into the brace, then next the spacer bracket. Then finally through the lower inner control arm bushing.

**Note the LH image shows the brace installed without the swaybar bolted up.**



**Long M12 bolts**

Tighten the M12 bolt to 95Nm/70ft-lbs

The upper and lower Allen key bolts are for swaybar mounting. **Refer page 3.**



- Next - locate the 2x small threaded backing plates. LH image. Using the 2x small M10 bolts, loosely bolt up the backing plates via the 2x recessed holes in the brace.

**Tip - It may be easier to bolt the links up prior to the swaybar install.**

**Refer page 3 -**

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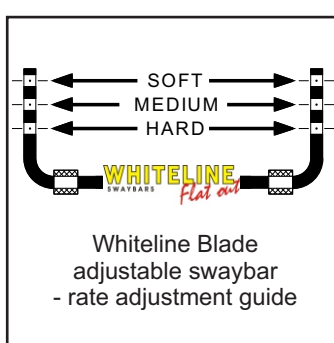
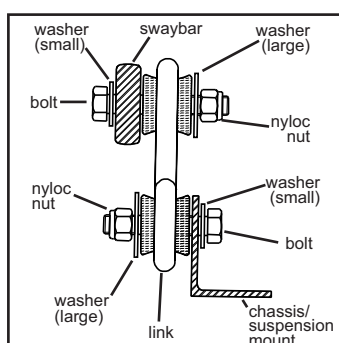
*Continued - Page 3 of 3*

- Proceed to grease the mount bushings and link bushing side face with supplied grease only.
- Using the supplied M10x60mm bolts, nut and flat washers, loosely bolt up the new links.

**Note - large washers to seat against the link bushing face only. Small washers against swaybar blade.**

- Bolt up swaybar mount saddles with the remaining M10 Allen bolts. Long bolt top shorter bolt bottom.

Tighten the M10 bolts to 45Nm/35fl-lbs



- Check swaybar is central and no clearance issues with exhaust.
- Tighten the link bolts.
- Road test vehicle. Re-check all bolts after 500kms/Miles



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