



Instructions

Front Control Arm - Rear Bushing Insert

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Honda Civic - FK

Contents - 2x Insert 68150
- Grease



- Place vehicle on ramps or a 4-post hoist.

Install is best done with vehicle at normal ride height.

- Grease insert with supplied grease only

This will aid install.



N.B: It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.



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- Position insert as per image.
- Progressively push Insert in evenly.
- Continue to push Insert until home.

- You will see Insert pop through the front side of rubber bushing.

Result - significantly improved turn-in capability - creating a more predictable chassis.

Due to reduced steering toe change during hi-speed cornering.



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