Fitting Instructions #Z6279

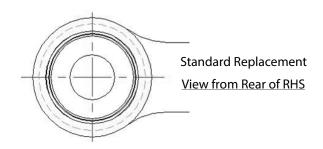
Toyota Land Cruiser Prado 150 Series Front Lower Control Arm Bushes All



- Wheel align the vehicle before the job has started and check the camber/caster readings
- Jack vehicle up on hoist/stands
- Remove front lower control arms
- Use a 20mm drill bit, drill through the washers to remove them from the crush tube
- If using an oxy-acetylene torch you must be in a well ventilated area and use the appropriate safety equipment
- Use the oxy-acetylene torch to heat the inner crush tubes until the bonding on the rubber has let go
 push the crush tube out. Apply heat to the outside diameter of control arm until the rubber bonding lets go of the shell then push the remaining rubber out
- Using a hacksaw or similar cut through the remaining shell then use a chisel to remove the shell from the control arm. Clean out the holes in the control arm and paint the eyes if they need to be
- Using a hydraulic press appropriate pressing tools and the images on the next page press the new bushings into place.
- o Grease the bore of the installed bushes and use an arbour press or similar to fit the crush tube.
- o *Note:* The longer crush tube fits the rear position & the shorter crush tube fits the front position.
- There are 8 off washers included in the kit and these need to be fitted in the correct orientation. See
 figure on the following page (exploded image of arm) for correct positioning.
- Note: These washers need to be pressed onto the end of the crush tubes using an arbour press or similar.

Note: use a plate disc and press on the end of the urethane part of the bush as per photos and sketches over page.

- o Refit the control arms and carry out a front wheel alignment
- o Recheck all bolts after 1000km or 1 month
- o Manufactures torque setting must be used on all bolts.





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