

Instructions

Rear Traction Arms - Live Adjustable

This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

Application - Nissan 370Z Z34 2009-on
- Nissan Z34 2022-on

(Always refer current catalogue listings)

Contents - 2x live adjustable trailing arms
- complete with polyurethane bushing

- Start by raising the vehicle evenly and safely support with jack stands.

Never rely on a Jack only

- Proceed to remove rear wheels.
- Using a ratchet and/or spanner, proceed to unbolt the original trailing arms.

Pictured below:



It is recommended that a licenced workshop or trades-person carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.

Instructions

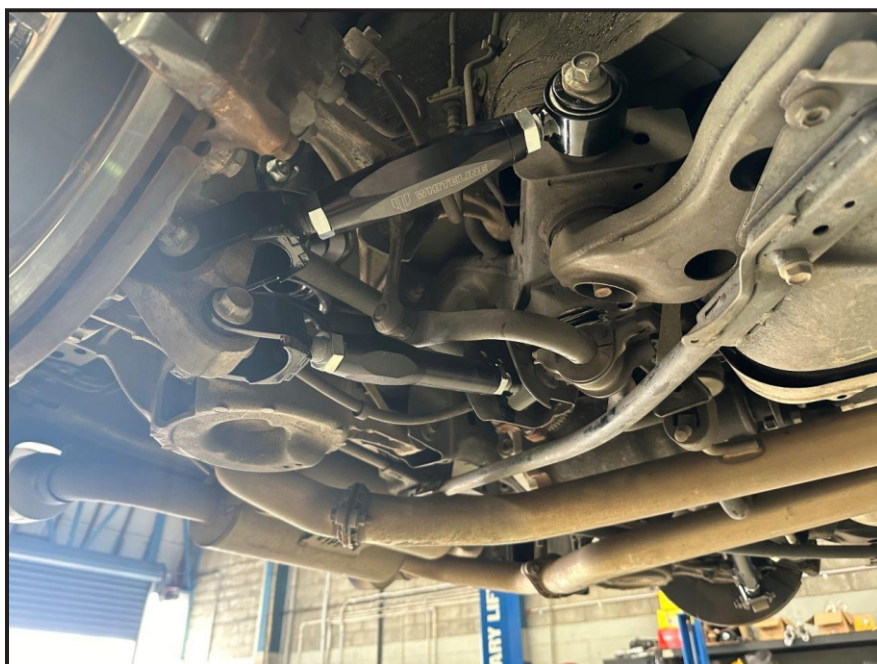
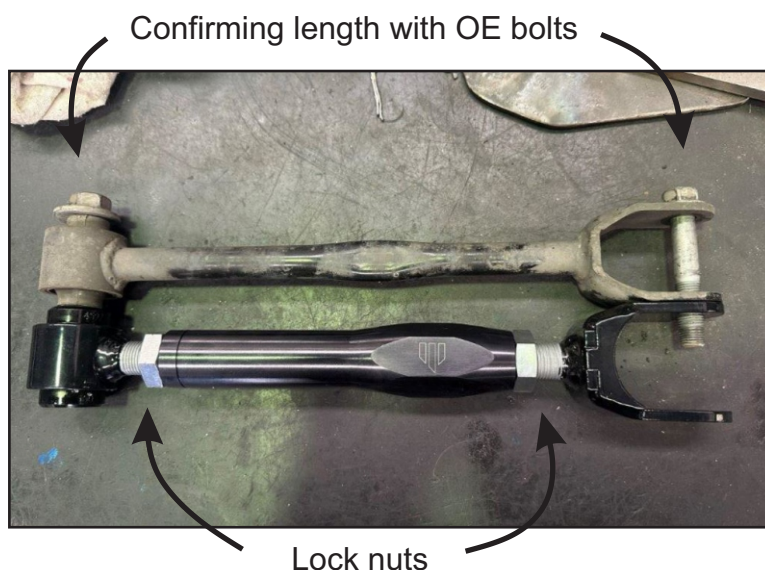
Rear Traction Arms - Live Adjustable

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- Lay the new Whiteline arm next to the original arm.
- Using the original bolts, confirm original length. Refer RH image:
- Next, hand tighten the lock nuts.
- Bolt new arms up to vehicle using original bolts. Note image below:

Tip - for high HP cars, Loctite may aid with the lock-nut loosening prevention.



- Adjust arm length to desired length.
Example: reducing the length may help with vehicle wheel base in a lowered application.
- Tighten the OE bolts to 105Nm /80ft.lbs.
- A wheel alignment is recommended.
- Re-check all bolts after 500miles

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