



# Instructions

## Rear Upper Control Arms - Adjustable

**NOTE:** This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

**Application** - Honda Civic 10th Gen  
- inc Type R

*(Always refer complete catalogue listing)*

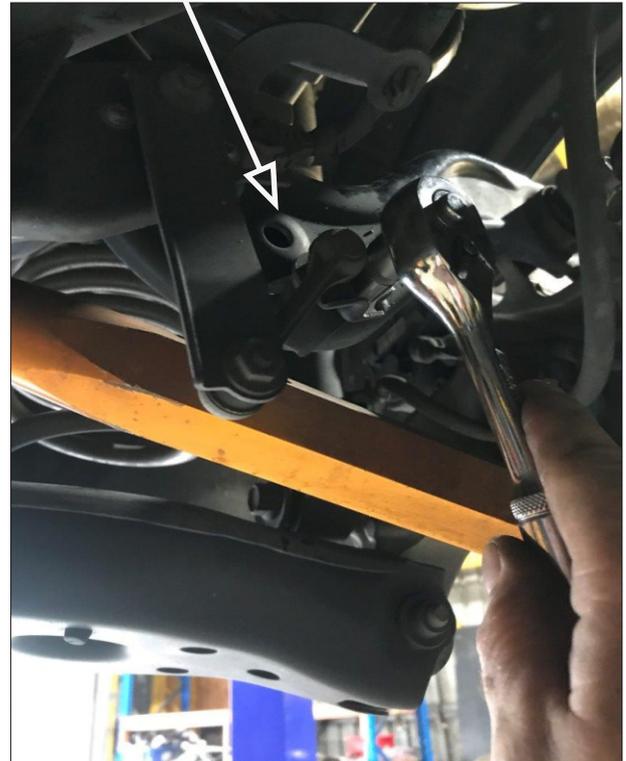
- Raise vehicle evenly and safely support.

*Never rely on a Jack only*

- Proceed to remove rear wheels. For LH side, un-screw fuel filler bracket from body.

**Contents** - 2x live-adjustable control arms - assembled with low compliance, grease free bushings.  
- 2x ride height sensor brackets - (Suit Type R Fk8 cars only)

- Un-bolt ride-height sensors. (Fk8 Type R only)



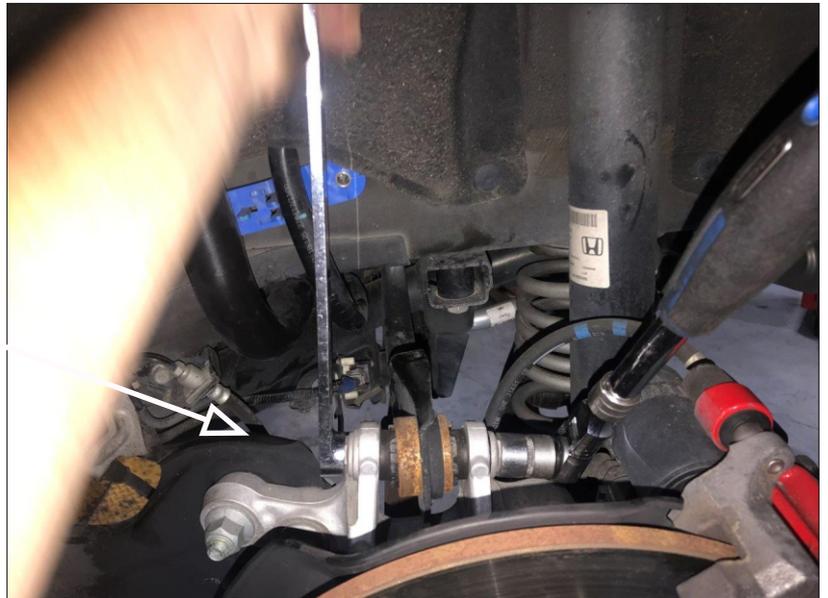
**N.B:** It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.



## Instructions Rear Upper Control Arm - Adjustable

**NOTE:** This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

- Un-bolt outer point as per RH image - remove bolt.



- The inner point is difficult to get to on the LH side. Use a 3/8 ratchet to access M12 bolt.

**Note - to gain better access, you may have to lower sub-frame down 30-40 mm. - LH side only.**

**N.B:** It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.



# Instructions

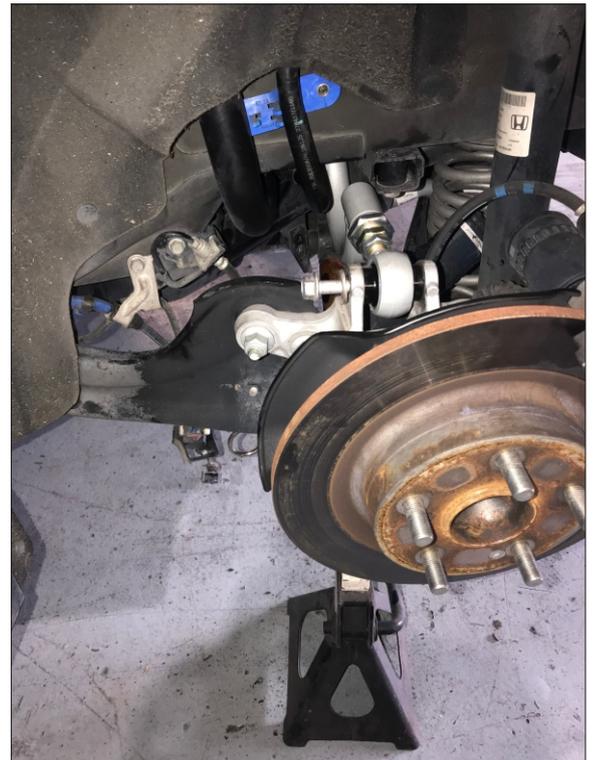
## Rear Upper Control Arm - Adjustable

**NOTE:** This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.



- Prior to bolting arm up to vehicle, place the OE bolts through both bushings as per above. Place **WHITELINE** arm over OE arm - to pre-set length.

**Note - check turn buckle is evenly adjusted with similar thread exposed either side of hex.**



- For easier install, Jack up rear suspension so rear hub will straighten up - this will assist with mounting outer point.
- Bolt up ride-height sensor with steel brackets.
- Carry out a wheel alignment. Re-check all nuts after 200kms

**N.B:** It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.