

# Instruction Sheet

## Front Adjustable Swaybar Link

Z5556

**N.B:** This instruction sheet should be used in conjunction with the workshop manual

**Photo 1**

### Contents

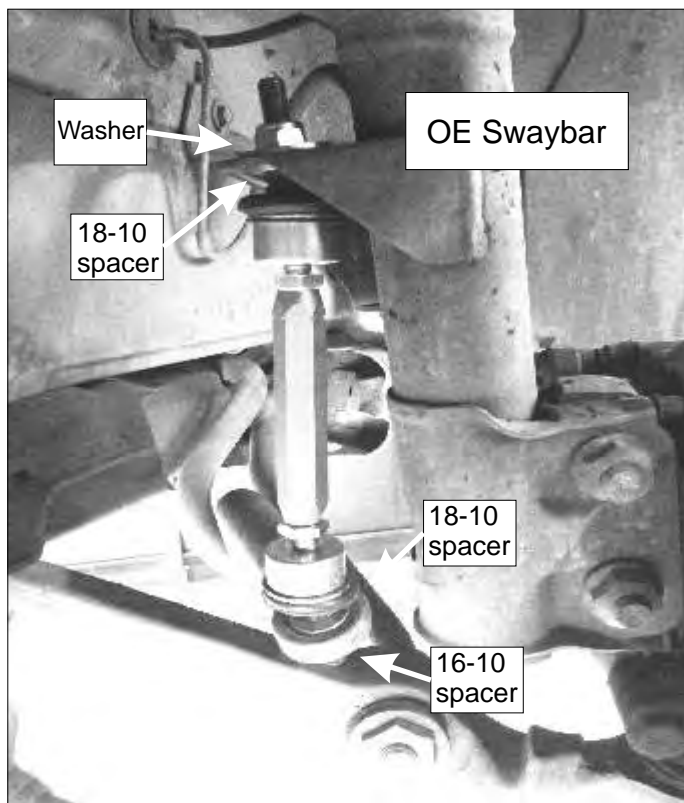
- 2 x washers
- 4 x 16-10mm spacers
- 4 x 18-10mm spacers
- 2 x Assembled ball links

### Application

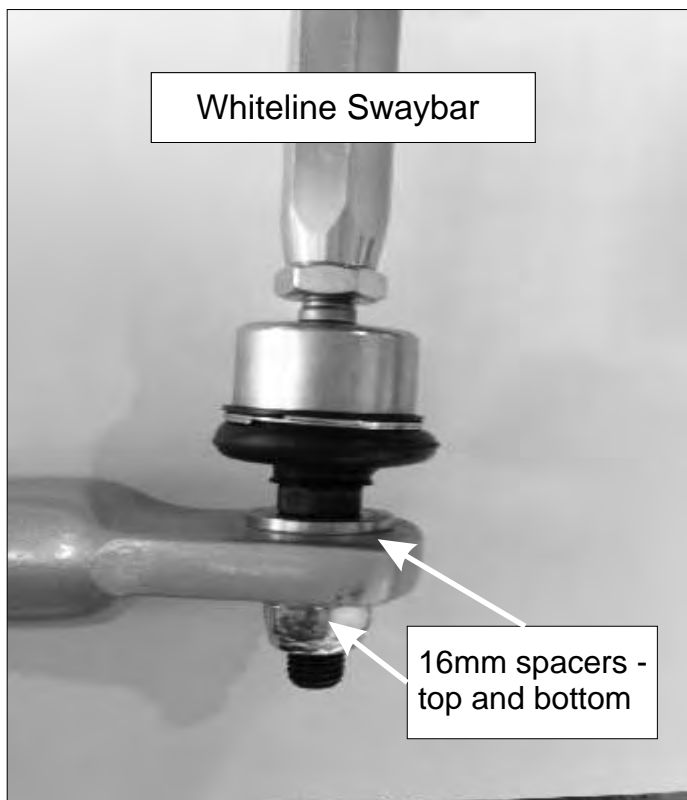
Holden Commodore -  
VN - VX Series 1

### Instructions

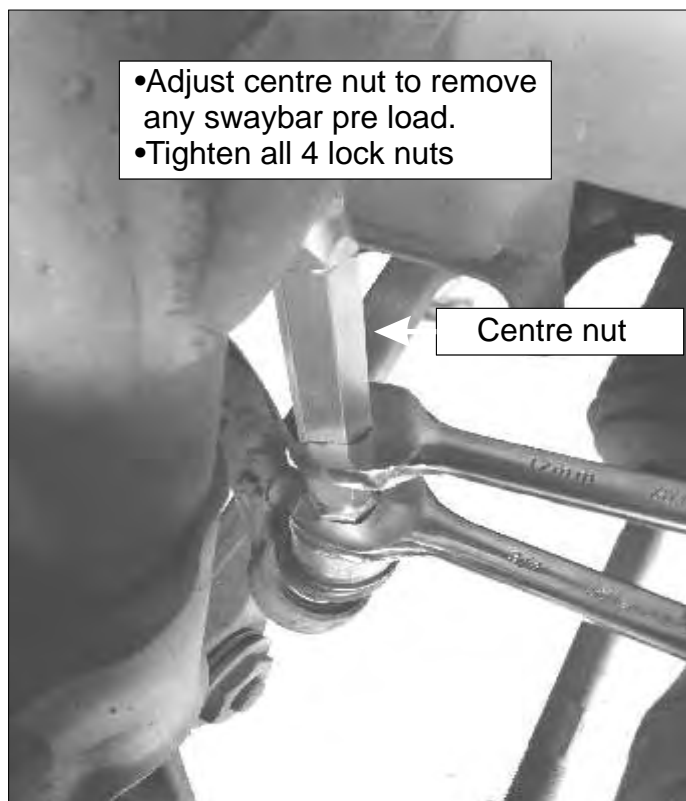
1. Raise the front of the vehicle and safely support.
2. Remove old swaybar links.
3. Locate upper ball-joints to the strut using the supplied washers and 18-10mm spacers - see photo 1.
4. Locate the lower ball-joints to the swaybar:
  - For OE swaybar use 1x 18-10mm spacer and 1 x 16mm spacer - see photo 1.
  - For Whiteline Non-Adj swaybar use 2x 16-10mm spacers - see photo 3.
5. Tighten all 4 nyloc nuts - be sure spacers are properly seated when tightening.
6. Adjust centre nut to remove any pre load, then tighten all 4 lock nuts.
7. Re check all nuts after initial 100kms travelled.



**Photo 3**



**Photo 2**



**N.B:** It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.