Z 5218

Installation Guide Rear Trailing Arm Bushings

Suits: BMW E90

(Always refer to the current catalogue for complete application listings)

N.B: This installation guide should be used in conjunction with the workshop manual. It is recommended that a licenced workshop or trades person carry out the below procedure and that workshop manual and relevant safety procedures are followed in addition to the below.

Rear trailing arm

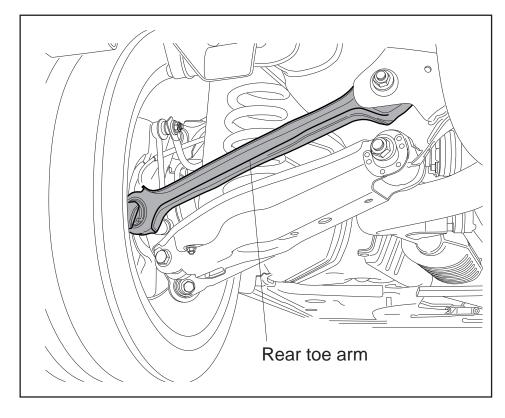
- 1.Raise vehicle and safely support.
- 2.Remove rear wheels.
- 3.Un bolt both inner and outer mounting points of the trailing arm.
- 4. Press/push out the old bushings from hub and chassis.
- 5. Press new bushings in so they are sitting evenly either side of hub.
- 6.Lubricate ID and face of bushing with the supplied grease only.
- 7.Re fit arm to vehicle and carry out wheel alignment.
- 8.Re check after initial 100kms

Installation Guide Rear Toe Arm Bushings

Suits: BMW E90

(Always refer to the current catalogue for complete application listings)

N.B: This installation guide should be used in conjunction with the workshop manual. It is recommended that a licenced workshop or trades person carry out the below procedure and that workshop manual and relevant safety procedures are followed in addition to the below.



- 1. Raise vehicle and safely support.
- 2.Remove rear wheels.
- 3.Un bolt both inner and outer mounting points of the rear toe arm.
- 4. Press/push out the old bushings taking care not to damage the arm.
- 5. Press new bushings in so they are sitting evenly either side of arm.
- 6.Lubricate ID and face of bushing with the supplied grease only.
- 7.Re fit arm to vehicle and carry out wheel alignment. 8.Re check after initial 100kms