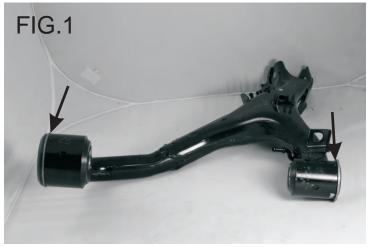
Instruction Sheet

LANDROVER DISCOVERY 3/4 - RANGEROVER SPORT

Rear upper control arm - front and rear bushings

N.B: This instruction sheet should be used in conjunction with the workshop manual

- 1. Remove rear upper control arm from vehicle.
- 2. Remove OE rubber bushings from control arm.
- 3. Clean all surfaces from grease and dirt.
- 4. Install new bushings into the arm with washer contacting outer edge of eye.
- NOTE 1: Bushings must be pushed all the way into the eyelet until steel washer contacts outer edge of eye as per FIG.1.
- NOTE 2: When installing rear bushing voiding must be aligned as per FIG.2.
- 5. Grease internal bore of bushing and all flanges that come into contact with steel components.
- 6. Insert steel crushtubes into centre of bushings.
- 7. Re-install arm back into vehicle using manufacturers torque specification.





N.B: It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.