

## **Installation Guide**

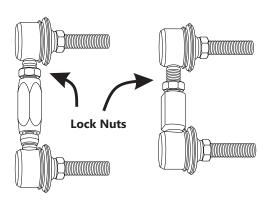
## Performance Swaybar Links - Live Adjustable

(This installation guide should be used in conjunction with the workshop manual)

**WHITELINE** HEAVY DUTY swaybar links improve swaybar function and reaction time - due to forged steel, low-compliance ball joints along with live-adjustable turn buckles made from 6061 heat treated aluminium.







· Raise vehicle evenly and safely support.

Never rely on a Jack only

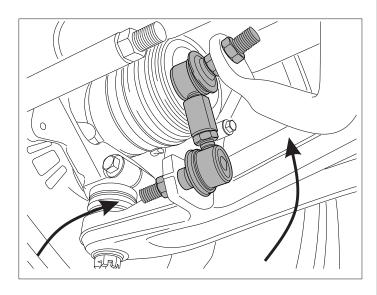
Note - Swaybar links are best accessed with wheels at full droop.

Lubricate all threads before un-bolting old links

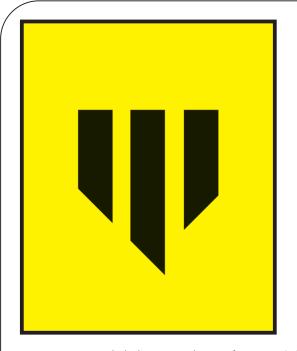
Take note of original link position and stud direction before removing. Or replace one link at a time.

- Remove old link and place next to new WHITELINE link.
- Loosely adjust WHITELINE link to similar length to old link length - do not tighten lock nuts yet.

**Note** - if vehicle is very low (or high) - a different length link may be entertained — *Refer Page 2* 



Subaru Example - note swaybar location and link stud direction



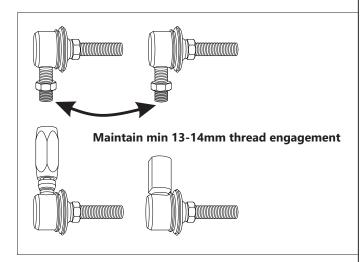
## Performance Swaybar Links - Live Adjustable

(This installation guide should be used in conjunction with the workshop manual)

**IMPORTANT** - Big diameter/performance swaybars add significant stress to swaybar links WHITELINE recommends a minimum thread engagement of 13-14mm - refer image below. WHITELINE supply 'hardened/thick washers to maintain solid contact to swaybar blade, ensuring excellent operation.

Toyota Example below - swaybar performance is best with swaybar near 90 degrees to swaybar link





Subaru Example below - place hardened washers either side of swaybar blade

- Place 1x hardened washer over each stud before pushing through swaybar hole.
- Proceed to bolt up new links to vehicle.

**IMPORTANT** - confirm supplied hardened washers are placed either side of swaybar blade (and vehicle control arm)

 Tighten ball joints with supplied flange nuts, the proceed to fine tune turn buckles.

**WIND** centre turn buckles - lengthen or shorten link length until there is **zero** preload on swaybar. Now tighten lock nuts.

If possible, this is best done at ride height. (wheels on ramps)

• All nuts to be re-torqued after 100-200kms



## Instructions Swaybar Links - On Car Adjustable

N.B: This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

• Raise vehicle evenly and safely support.

Never rely on a Jack only.

- Proceed to remove front wheels.
- Un-bolt original swaybar links.
- Place original links next to new links to confirm OE length.

Note - for F80 M3 only, place supplied chamfered washers on upper link stud

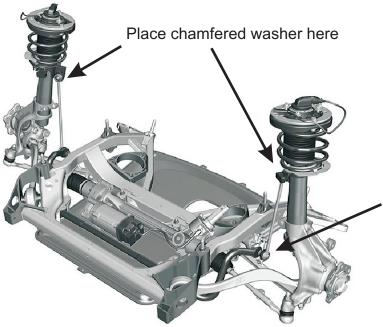
- between strut mount and link ball-joint.
- followed by flat washer under flange nut.
- Place all other hardened flat washers on both sides of swaybar blade.
- Refer guide **Z5146** for swaybar link adjustment.

 Tighten flange nuts to 60Nm. Re-tighten after 100kms travelled. **Application** - BMW F80 M3 - also various McPherson strut vehicles Always refer complete catalogue listing

**Contents** - 2x forged swaybar links

- On-car adjustable
- 8x hardened flat washers
- 2x chamfered washers





Place flat washers on either side of blade - both sides.