

Instructions

Front Upper Control Arm Bushings

N.B: This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

Application: Amarok - 2010 - on

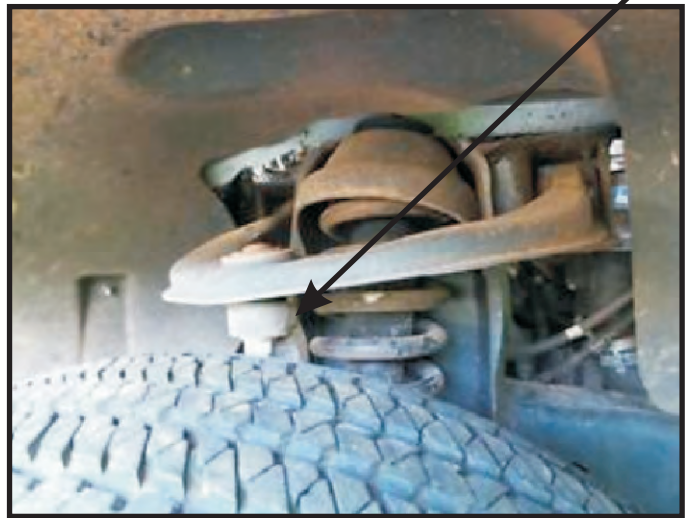
Strike hub with hammer to loosen ball joint

1. Raise vehicle evenly and safely support.
2. Remove front wheels and proceed to un-bolt upper control arms.
3. Remove the complete bushing including outer steel shell - this can be achieved with a drill or Air-hacksaw.
4. Press new supplied bushings into Eyelet.

Careful to not damage new shell - best to press on the polyurethane with flat surface. Press slowly.

Note image below - support the arm to prevent squeezing.

5. Grease bushing ID and face with supplied grease only.
6. Re-fit arms to vehicle.
7. A wheel alignment is recommended.
8. Re-check nuts and bolts after 100kms travelled.



N.B: It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.