

Fitting Instructions #3796IS

Ford Ranger

Front Control Arm Upper Bushing

- o Jack vehicle up and put on stands/hoist, following manufacturer's recommendations, remove the front upper control arm;
- o Using suitable pressing tools, remove old bushes completely including the shells being carefully not to damage the arms;
- o Remove all burrs from housings as necessary before installing new bushes;
- o Apply the supplied grease on the inner diameter surface of the housing and on the outer diameter surface of the bush. Install the bushes as it is shown in the pictures. Note that the longer flange of the bush should be facing the outer side of the arm, towards the OE (original) nut;
- o Apply the supplied grease on the outer surface of the tube, on the bore of the bush and then push the crush
- o Note that the new washer should be placed between the bush and the step of the pin, and the OE (original) washer between the bush and the OE nut;
- o Refit the upper control arm to the vehicle, tighten all bolts to the manufacturer's torque specifications and carry out a wheel alignment.

Note: Polyurethane bushings must be fitted to both sides of the vehicle.

