Fitting Instructions #3680IS



HONDA CR-V RE Series (03'07-On)

Front Lower Control Arm Rear Bushing (To suit Right-hand drive vehicles)



Note: Polyurethane bushes must be fitted to both sides of the vehicle.

- o Wheel align the vehicle before the job is started and note castor settings;
- o Mark the control arms & bracket orientation then remove the control arms from the vehicle;
- Note the offset position of the O.E. rear bush in the bracket before removing it from the arm. Then, gently knock the rear bracket away from the arm by using a soft hammer;
- The O.E. bush is a plastic shell part and could be removed by pressing it out from the rear bracket. However, the shell has a flange so it can only be removed one way. A chisel (air or manual) can be used to break the flange so that a receiver could suit the base of the rear bracket. Place it on a hydraulic press and remove the rear O.E. shell part bush.
- Clean housing areas and also the peg of the arm to remove any old original bushing materials before installing new bushes
- With reference to the diagrams, the kit number that you have purchased and the settings required, align the bushing and the brackets, so that the hole in the bushing is positioned to give the desired result. Then press in the new steel shell polyurethane bush until it sits flush with the rear bracket;
- Mount the control arm in a vice. Generously grease the inside of the polyurethane tube marked '3680A', and press/tap it onto the peg of the arm with the large flange facing the front of the control arm as per sketch below;
- Lubricate the inside of the new polyurethane bushing and the outside of the polyurethane tube on the peg, then, slide the bushing & bracket over the polyurethane tube. (Note - Make sure that the bracket is orientated correctly refer to the drawings attached);
- Refit the control arms with the new bushes, brackets into the vehicle;
- Ensure that you tighten all fasteners to the manufacturer's specifications and get the vehicle wheel aligned.

Side view of new part on control arm



1. Push polyurethane Tube onto Arm



2. Slide Bush/Bracket over polyurethane Tube





As viewed from the rear of the control arm, looking forward on rear bushing.







Kit #4245K – To counteract a strong pull left

