

# Install Guide Rear Control Arm Upper - Bushing Kit

# Nolathane®

**Application** - VE & VF Series Commodore  
- suits car with alloy arm

*(always refer current catalogue listing)*

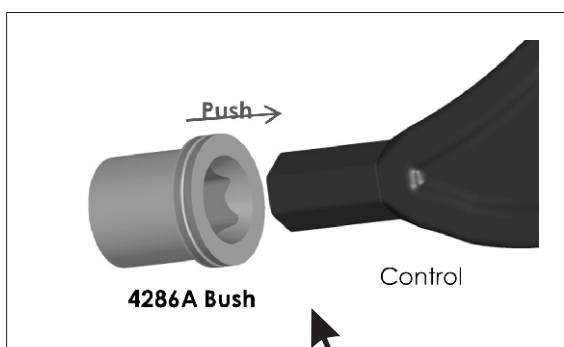
**Contents** - 2x bushing 4286  
- 2x bushing 4286A  
- Grease

Raise vehicle evenly and safely support.

*Never rely on a Jack only*

- Start by removing the rear wheels.
- Un-bolt the upper aluminium arms.

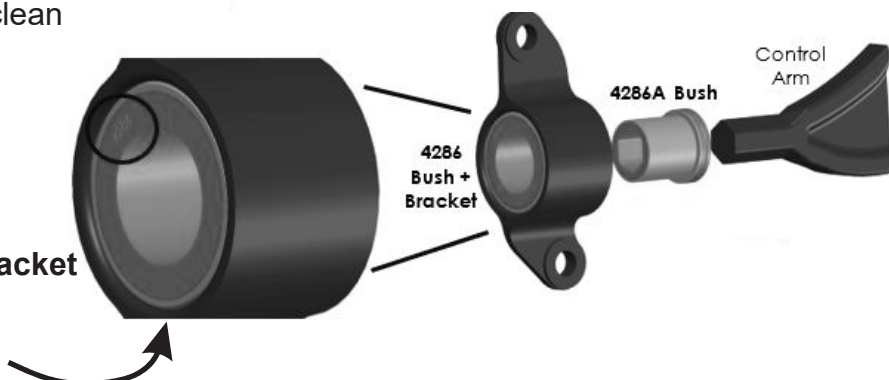
**Note** - a press will be required to remove the bushing from the bracket.



- Press the old bushing and bracket off the aluminium arm spindle. Special tool may be required here.
- Next, press the old rubber bushing out of the OE steel bracket. Careful to not damage the bracket.

- Push bushing 4286A on to the clean spindle as per above image.
- Press bushing 4286 into clean bracket.

**Important** - note bushing part number should be at rear of bracket



Note - It is recommended that a licenced workshop or tradesperson carry out the below procedure and that workshop manual and relevant safety procedures are followed in addition to the above.

# Install Guide

## Rear Control Arm Upper

### - Bushing Kit

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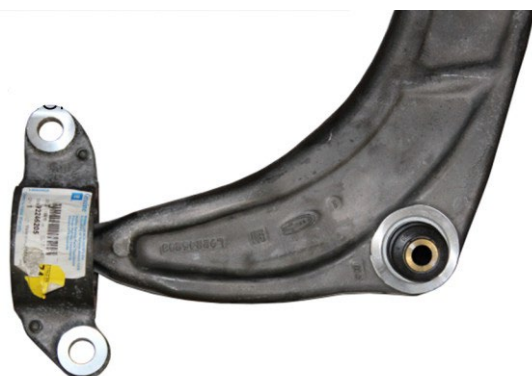
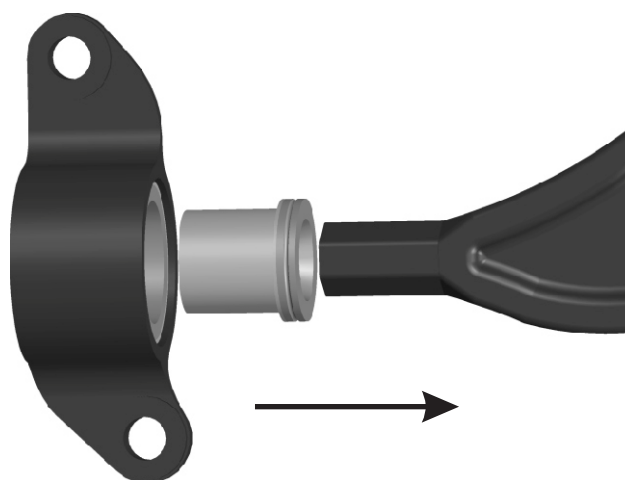
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- Grease both bushings with supplied grease only.

- Push bracket and arm together  
- refer RH image.



- Re-fit arm to vehicle using original bolts.

**Note LH image shows the position of the bracket in relation to the arm in the vehicle.**



- Test drive vehicle.
- A wheel alignment is recommended.
- Re-check all bolts after 500kms.

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